

Deluxe Walking Sling Application

Instructions

Safety Points

Patient seated in wheelchair or on bed:

Place the chest band around the patient from back to front with the 2 large D rings in the front.

Slip the velcro strap through the D ring and and tighten to be comfortably firm. Repeat with the second velcro strap.

Leg bands:

Position the padded portion of the right leg strap on the inside of the right thigh, and bring it up on the outside of the right thigh. Bring it up to the buckle close to the right buttock and snap together. Adjust the strap length.

Repeat on the left side.

Attaching the straps:

Position the carry bar across the patient's shoulders.

Position the patient's arm between the front and back straps.

Attach the shoulder strap at each end of the carry bar.

As a general guideline - use the first loop on the straps; this will vary with the patient's height.



The sling should be positioned low, close to the pelvis, so that it doesn't cause discomfort under the patient's arms.

The seat belt must be securely fastened before lifting.

The thigh may need to be raised to pull the strap fully towards the back. Ensure that the patient assists with this movement to avoid lifting a heavy leg (e.g. provide object to place foot on).

Ensure that the sling remains flat under the patient's thigh so that wrinkles do not cause increased pressure on the patient's skin.

Ensure that the carry bar is lowered enough that the straps can be attached easily – without tugging.

Raise the carry bar such that the straps begin to tighten. Check to ensure that all straps are connected to the carry bar prior to proceeding.

Standing the patient:

The patient should have access to the parallel bars (or similar device) while standing – to assist in lifting to an upright position as well as for support.

Once sufficient height is attained, the individual can proceed with walking exercises.

Lowering the patient:

Instruct the patient to lean forward as you lower them back into a seated position.



The sling should feel comfortable while the lift is raising; if not, lower the patient and readjust the straps and/or leg bands.

Ensure that the patient is not raised too high; the patient should be able to fully weightbear on the floor.

Ensure carry bar is below chin level when removing straps.