

Repositioning Sling Application in Bed

Instructions

PLACE SLING

Roll patient onto their side. Fold sling in half and lay it along the length of the patient.

Top of sling should be level with the top of patient's head.

Turn patient onto back and they are ensure positioned in the middle of the sling.

Place pillow under patient's head.

ATTACH STRAPS #1

1. Position the carry bar as shown (head to toe).
2. Attach straps leaving the middle strap to last.
3. Balance the patient's weight by moving the middle strap to the top or toe hooks.
4. Gently push the patient towards the head of the bed and lower to new position.
5. Remove straps and flatten out sling for comfort.
6. Leave sling on bed.
7. Or push patient to the side of the bed and lower onto pillows behind back.
8. Remove straps and flatten sling. Leave on bed.

or

ATTACH STRAPS # 2

1. Position the carry bar head to toe.
2. Place a pillow between the patient's knees.
3. Attach the straps on the side away from the turn.
4. Raise the carry bar turning the patient as far over as needed.
5. Either leave attached or remove straps and flatten sling.



Safety Point

If possible, place the sling on the bed before the patient gets back into bed.

Lower the carry bar far enough so that you do not have to pull up to attach the straps.