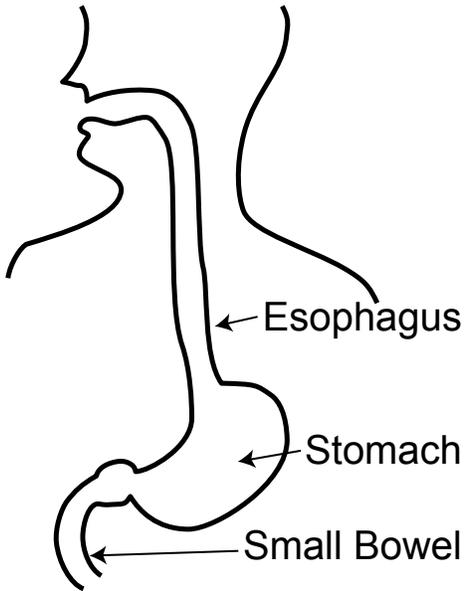


# GASTROSCOPY DISCHARGE INFORMATION

Date: \_\_\_\_\_ Surgeon / Gastroenterologist: \_\_\_\_\_ Phone: \_\_\_\_\_



## YOUR INITIAL RESULTS ARE:

- Normal examination
- Specimens taken: \_\_\_\_\_
- Therapy applied (banding, dilation): \_\_\_\_\_
- Other findings: \_\_\_\_\_

## FOLLOW-UP:

A full report of your gastroscopy will be sent to your family physician.

- No follow-up appointment with your surgeon / gastroenterologist is required.
- Call now to schedule follow up appointment with your  surgeon  gastroenterologist  family doctor  
in \_\_\_\_\_ weeks
- Other \_\_\_\_\_

# Gastrosocopy Discharge Information



Interior Health  
*Every person matters*

Patient Information

www.interiorhealth.ca

## NOTE: YOU HAVE RECEIVED INTRAVENOUS SEDATION

This means that you are considered legally impaired. DO NOT drive, operate heavy equipment, sign legal or financial papers, or drink alcohol until 24 hours after your procedure.

## After Your Gastrosocopy

### It is normal to:

- Feel drowsy or light-headed from the sedation medication
- Have a feeling of fullness or experience belching due to an injection of air into the stomach during the procedure. Periods of activity (e.g. walking) may help to relieve gas discomfort.
- Have a mild sore throat, slight hoarseness, or a dry cough for up to 2 days. Use lozenges or gargle with warm salt water to soothe.
- Have some redness, pain, or swelling at the site where the sedation medication was injected into your vein. A warm facecloth placed over the site may help to relieve any pain, swelling and/or discomfort.

### You should:

- Rest for the remainder of the day
- Resume your normal diet and fluid intake
- Resume your regular medications, unless specified otherwise by your doctor.

## Notify your doctor if you experience any of the following:

- Increasing or unrelieved (severe) abdominal pain
- Flu-like symptoms (vomiting, fever, or chills)
- Difficulty breathing
- If outside of office hours, go to the nearest Emergency Department for assessment and treatment.

### For general questions or concerns call:

Healthlink BC: 811  
Hearing Impaired: 1-866-889-4700  
Contact your physician

### For emergency concerns:

Call 911 or go to the nearest Emergency Department.

### Patient Satisfaction Survey

Please complete our online survey to help us improve our services:

<https://form.simplesurvey.com/f/1/IH-Endoscopy-Patient-Survey>

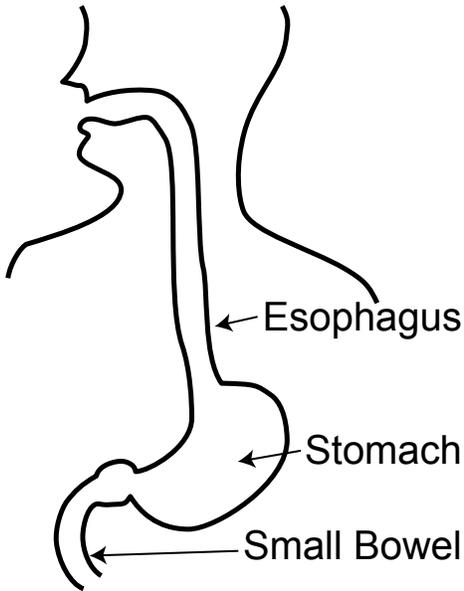
**Thank you!**



Healthlink BC	Nurse	24 hours a day	Daily	<i>Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.</i>
<b>Call 8-1-1</b>	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	Hearing Impaired	Call 7-1-1		
www.healthlinkbc.ca				

# GASTROSCOPY DISCHARGE INFORMATION

Date: \_\_\_\_\_ Surgeon / Gastroenterologist: \_\_\_\_\_ Phone: \_\_\_\_\_



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