

# How To Respond To An Opioid Overdose

© adapted from Fraser Health

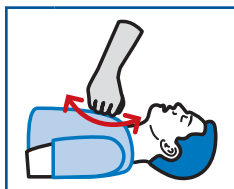
## START

### IF THE PERSON:

- Cannot be woken up after you call their name or nudge them, or
- Is not breathing or breathing slower than every 5 seconds, or
- Is making strange snoring sounds or choking sounds,

**CALL 9-1-1 RIGHT AWAY!**

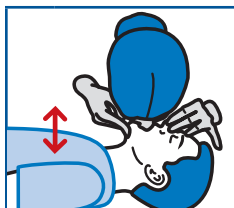
Then continue to next step.



Rub your knuckles hard against their upper chest to wake the person up. Call their name. Still unresponsive? If you haven't already, **CALL 9-1-1 NOW.**



Tilt head back, check airway. Remove anything blocking the mouth's airway.



Pinch nose, give 2 big breaths using face shield from kit or other barrier if needed. Check to make sure the chest rises when you give air.

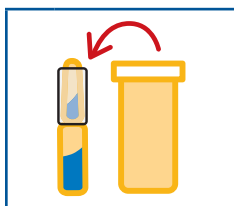


Person still unresponsive? Continue to next step. Person breathing normally? Stop here.

GIVE A BREATH

### Giving a breath is critical.

Give 1 breath every 5 seconds whether you have naloxone or not. If possible, have someone give breaths while you prepare the naloxone.



Take 1 ampoule out from the medicine bottle

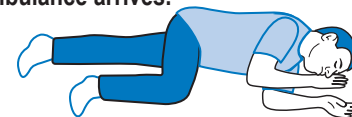
GIVE A BREATH

**Give a breath**

## Continue to give 1 breath every 5 seconds.

Stay with the person until the ambulance arrives.

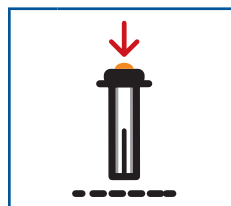
If you need to leave, or if the person becomes ill, put them in the recovery position:



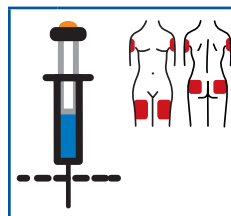
Person still unresponsive after 3 – 5 minutes? Give another injection. Continue to give 1 breath every 5 seconds.

GIVE A BREATH

**Give a breath**



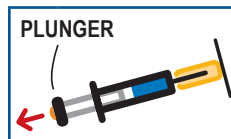
Push plunger down hard. It will click and needle will retract.



Firmly push needle in thigh, butt, or upper arm muscle. Needle can go through clothes. Never put it in the heart.



Push air out of syringe. Turn the needle facing tip-up, gently push the plunger until most of the air is pushed out.

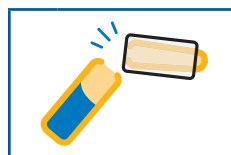


PLUNGER

Unwrap syringe, put needle in liquid, pull up plunger. Try to draw up all of the ampoule's liquid into the syringe.

GIVE A BREATH

**Give a breath**



Snap off the top of the ampoule. It will break in two pieces with little pressure.



GET ALL LIQUID IN THIS HALF

Swirl ampoule in circles to get all liquid to bottom