

## Mental Health & Substance Use Services

Interior Health and our partner agencies provide a wide range of mental health and substance use services for all ages.

We strive to ensure that all services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

For a complete list of mental health and substance use services visit [www.interiorhealth.ca](http://www.interiorhealth.ca)

> Your Care

> Mental Health & Substance Use or scan the code below to go to the Mental Health & Substance Use Services web page.



Scan me

**Not all services are available in all areas**

## Other Help Lines 24 hours/7 days a week

**310-Mental Health Support**  
310-6789

**Children's Help Line**  
310-1234

**Kids Help Phone**  
1-800-668-6868

**Emergency Crisis Line**  
1-888-353-CARE (2273)

**Suicide Prevention**  
1-800-SUICIDE (784-2433)

**KUU-US (Aboriginal) Crisis Line**  
1-800-588-8717

**Métis Crisis Line**  
1-833-MÉTISBC (638-4722)

**Online Crisis Chat Center**  
[www.CrisisCentreChat.ca](http://www.CrisisCentreChat.ca)



Place 1" x 2 5/8"

MHSU Centre label here

We acknowledge the work takes place on the traditional, ancestral and unceded First Nations territory.  
We acknowledge the contributions of the Métis Nation.

822952 Apr 17-20



**Interior Health**  
*Every person matters*

## Crisis & Hospital Services

*Every journey is unique, any step taken towards recovery is the right step.*  
- Patient Partner



## Mental Health & Substance Use Services

We invite you to connect with our **Access Services** program at your local Mental Health & Substance Use Centre for more information and links to mental health or substance use services that best meet your needs.

# Crisis & Hospital Services

Responds to people experiencing an acute mental health or substance use crisis with the primary focus to engage with and connect clients to service.

We respect your right to privacy. We will ask you about involving your family in your care. Sharing information and working with your family and care providers will ensure you receive the best care.

## Crisis Response

Specialized team who responds to the hospital (acute care and emergency departments) and community locations to provide urgent assessment, intervention and referral.

## RCMP Partnership Teams

These teams, consisting of a Mental Health and Substance Use clinician and RCMP officer respond to mental health and substance use emergencies in the community.

Crisis Response Teams and RCMP Partnership Teams provide crisis intervention, including assessment and linkages to appropriate community and hospital resources for those experiencing an acute mental health crisis. These services may involve collaborative approaches across a number of community services and may be based in the hospital or community.

## Substance Use Connections

Mental Health and Substance Use clinicians support people who use substances in both hospital and community settings. This priority response is dedicated to patients who present with/or are at risk of overdose. Services may include:

- Short term follow up to support seamless linkages to community based addictions care
- Referrals to Opioid Agonist Therapy
- Liaison with Addiction Medicine Consultation Services
- Assessment & treatment support
- Safe discharge planning from hospital settings



## Addiction Medicine Consultation Services

Provides services for people with substance use disorders while in emergency departments or during a hospital stay. A physician with a specialty in addiction medicine is part of the health care team and guides evidence based treatments.

## Aboriginal Patient Navigator Services

Aboriginal Patient Navigators work in hospitals throughout Interior Health. They are available to support Aboriginal patients and their families during their care, whether or not they wish to self-identify as Aboriginal. The goal of an Aboriginal Patient Navigator is to help make a patient's care and journey to wellness safe, comfortable, and less confusing and less stressful.

To learn more and to find contact information for all Interior Health Aboriginal Patient Navigators visit [www.interiorhealth.ca](http://www.interiorhealth.ca)

- > Your Health
- > Aboriginal Health
- > Partnerships
- > Aboriginal Patient Navigators

