



# Mental Health Services in Interior Health

Interior Health and our partner agencies provide a range of mental health services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds. Click on a link below for a description of that service and to find a Mental Health & Substance Use Centre near you.

**Call 310-MHSU (6478)**  
 or Click here to connect to our “Access Services” program for entry into a mental health service that best meet your needs.  
 Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles. Not all services are available in all centres.

Click here for Substance Use Services

## Prevention / Early Intervention

- Mental Health Resources
- Mental Health Services for Youth

## Public Health Services

- Early Childhood Screening
- Adults & Seniors

## Other Services

- Interior Crisis Line Network
- Bounce Back
- Kelty's Key Self Help Courses

### Outpatient Treatment Services

Community Counselling & Treatment Services	Perinatal Counselling Services	Intensive Case Management	Treatment, Support & Recovery
Group Counselling & Education	Seniors Mental Health & Substance Use	Assertive Community Treatment	Therapeutic Volunteer Program
Eating Disorders Treatment Services	Developmental Disability Mental Health Services		Supported Employment Services
Early Psychosis Intervention	Interior Health's Children Assessment Network		Clubhouse



### Crisis & Hospital Services

- Crisis Response
- Substance Use Connections
- RCMP Partnership Teams
- Aboriginal Patient Navigator Services (APN)

### Hospital Based Psychiatric Services

- Acute Psychiatric Services
- Acute Psychiatry Short Stay
- Adolescent Psychiatric Unit (APU)
- General Psychiatry Services
- Neuropsychiatry

### Tertiary Psychiatric Services

- Adult Tertiary Psychiatry
- Geriatric Psychiatry Program
- Tertiary Psychiatric Services
- Tertiary Rehabilitation & Recovery Program



## Mental Health Services | Mental Health & Substance Use Network

Developed by: Carla Mantie, Practice Lead & Sheri Keetch, Project Support Coordinator | Endorsed by: Debi Morris, MHSU Network Director | Developed: 04/12/19 | Revised: 11/03/21

[www.interiorhealth.ca](http://www.interiorhealth.ca) > Your Care > Mental Health & Substance Use > Mental Health Services

