



Substance Use Fact Sheet

OPIOID AGONIST TREATMENT

This Fact Sheet is a compilation of trustworthy resources to support your learning about Opioid Agonist Treatment.



OPIOID AGONIST TREATMENT

Opioid Agonist Treatment (OAT) is the [preferred treatment option for Opioid Use Disorder \(OUD\)](#). OAT involves the use of a medication that is prescribed and monitored by a health care provider. The primary medications used are Suboxone and Methadone.

Click on the links below for more information.

For more Substance Use Fact Sheets click [here](#).

Patient Information

Opioid Agonist Treatment (OAT) What is OAT & how does it work? (<i>Interior Health</i>)	OAT Clinics & Providers Find an OAT clinic or provider in the Interior Health Region
OAT Information for Clients What is OAT & how does it work? (<i>CAMH</i>)	OAT Services Map Locate an OAT clinic near you
Methadone Medication Information (<i>CAMH</i>)	OAT Clinic Accessibility in Aboriginal Communities (map) Locate an OAT clinic in or near your Aboriginal Community
Suboxone® (Buprenorphine) Medication Information (<i>CAMH</i>)	OAT Clinic Services OAT Frequently Asked Questions (<i>FNHA</i>)
	First Nations Virtual Substance Use and Psychiatry Services Addiction medicine & psychiatry for Indigenous people

Health Professional Information

Guideline for the Clinical Management of Opioid Use Disorder Provincial Guideline	Guidelines on Opioid Use Disorder Among Older Adults Canadian Guideline
Treatment of Opioid Use Disorder For Youth Guideline Supplement	Opioid Use Disorder in Primary Care Guideline for the Diagnosis & Management of OUD in Primary Care
Treatment of Opioid Use Disorder During Pregnancy Guideline Supplement	Addiction Medicine Clinician Support Line Connect with an Addiction Medicine Specialist (<i>BCCSU</i>)
Mothering and Opioids Toolkit Addressing Stigma - Acting Collaboratively	

Lived Experience with OAT

Understanding Opioid Substitution Treatment A handbook written by patients for patients	BC Association of People on Methadone A Peer run group of people share their OAT experiences
Opioids - A Survivor's Guide Meds & Treatment broken down by the people who've lived them	Suboxone® Stories - Part 1 Two clients share their early journeys with OAT (<i>FNHA</i>)
Gone Too Soon Navigating the grief and loss as a result of substance use	Suboxone® Stories - Part 2 Two clients open up about the emotional challenges of OAT (<i>FNHA</i>)
Coping Kit - From Grief to Action Dealing with Addiction in Your Family	In my experience: Opioid Agonist Treatment Two Peers share their experience with OAT

Free Online Education

Harm Reduction 101 Understanding harm reduction principles & practice <i>Education for Everyone</i>	Provincial Opioid Addiction Treatment Support Program UBC offers free OAT & Substance Use Online Education <i>Education for Health Professionals</i>
	Addictions Care and Treatment Online Certificate Free online certificate course on substance use disorders (<i>BCCSU</i>) <i>Education for Health Professionals</i>

~ Coverage for OAT medication is available ~

[PharmaCare for BC Residents](#) is British Columbia's income-based health & drug coverage plan. Income Assistance Recipients ([Plan C](#)), Psychiatric Medications ([Plan G](#)) and First Nations Residents ([Plan W](#))

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