



# Substance Use Fact Sheet

## PEER EDUCATION & TRAINING

This Fact Sheet is a compilation of education & training opportunities to support Peer work.



### PEER EDUCATION & TRAINING

Within Interior Health Substance Use Services, a “Peer” is as a person who has lived experience of substance use (past or present) and has a role that (a) draws on, and is directly related to, lived experience, and (b) happens in a health-promoting and/or harm-reducing context.

Although we use the term Peer here, it is not always preferred. Terminology is constantly evolving. Always ask people what term works best for them. PWLLE = people with lived or living experience or PWUS = people who use substances.

**These links are best viewed using Google Chrome.**

Topic	Training Resource	Description
Social-Emotional Peer Support/ Peer Support Worker	<a href="#">"Where we are at": Provincial Peer Support Worker Training Curriculum</a>	<i>Provincially approved curriculum made up of 16 free online modules that focus on the peer support worker role.</i>
Social-Emotional Peer Support	<a href="#">Peer Mentor Training</a>	<i>Facilitation and participant training guides written for PWLLE of HIV and/or Hepatitis C, but applicable for PWLLE of substance use. Modules include understanding Peer Support, basics of Peer mentoring, communication skills, boundaries, crisis situations, facilitation skills, etc.</i>
BC Peer Worker Training	<a href="#">BCCDC Peer Worker Leadership Training</a>	<ul style="list-style-type: none"> <li>• <a href="#">Recognizing Mental Health Disorders</a></li> <li>• <a href="#">Effective Communication</a></li> <li>• <a href="#">Peer-to-Peer Counselling Skills</a></li> <li>• <a href="#">Conflict Resolution</a></li> <li>• <a href="#">Organizational Etiquette</a></li> </ul>
Specialized areas of Peer Support Work	<a href="#">Various Peer-designed training tools for specialized Peer work</a>	<ul style="list-style-type: none"> <li>• <a href="#">Peer health advocate training program</a> (PWLLE with sex work)</li> <li>• <a href="#">Parent to parent peer support – the history &amp; growth of parent peer support fro child &amp; youth</a></li> <li>• <a href="#">A brief history of prohibition in BC</a></li> <li>• <a href="#">Mental Health peer support group leadership</a></li> <li>• <a href="#">Acute care/emergency department peer support training</a></li> <li>• <a href="#">Re-energizing wellness: a resource for peer-led wellness programs in Indigenous communities</a></li> <li>• <a href="#">Education for forming and sustaining associations of people who use drugs</a></li> </ul>
Foundations of peer support work for employers, supervisors and colleagues of Peers.	<a href="#">Employers Guide to Supporting &amp; Engaging Peer Workers</a>	<i>Online module focused on peer support worker roles and needs, scope of work, value, challenges and ways to empower</i>
Education for street-involved individuals	<a href="#">ANKORS: Street College</a>	<i>Modules include navigating health care, party safe, overdose prevention, safer injection &amp; inhalation, first aid, stigma, living outside, drug checking, etc.</i>
Education to empower peers working in Vancouver’s DTES	<a href="#">VAN CCAPO: Street Degree</a>	<i>Curriculum to support Peers working in overdose prevention, safe supply, housing, food security and outreach. 24 courses.</i>



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Topic	Training Resource	Description
Harm Reduction	Interior Health: <a href="#">Harm Reduction 101</a>	<i>Self-led, self-paced, online learning for understanding Harm Reduction principles and practice. Includes considerations for special populations, trauma-informed practice, cultural safety, harm reduction supplies and overdose prevention.</i>
Harm Reduction Fundamentals: A Toolkit for Service Providers	CATIE <ul style="list-style-type: none"> <li>• <a href="#">Setting a Foundation for Harm Reduction</a></li> <li>• <a href="#">Harm Reduction Principles &amp; Practices</a></li> <li>• <a href="#">Drug Use, Health &amp; Harm Reduction</a></li> <li>• <a href="#">Supporting Harm Reduction Service Provider Capacity</a></li> </ul>	<i>he toolkit contains four units that can be accessed individually or completed together for a more comprehensive overview of harm reduction fundamentals. Organizations and individual learners can decide which parts of the toolkit are most appropriate for them.</i>
Substance Use Harm Reduction Substance Use Care for 2SLGBTQ+ People	UBC CPD: <a href="#">Addiction Care and Treatment Online Course</a> Modules 1, 3, 4, 5, 6, 7, 15	<i>Please note: this training has a medical/clinical focus as it is intended for healthcare professionals. Modules that may support some Peer roles include: 1 overview, 2 screening &amp; care planning, 14 harm reduction, 16 psychosocial treatments &amp; recovery and 17 substance use</i>
Naloxone	BCCDC: <a href="#">Online Naloxone Training</a>	<i>Learn how to respond when someone is overdosing. Also see Video <a href="#">Naloxone saves lives</a> features Peers and describes take-home naloxone program and how to use naloxone.</i>
Overdose Response	Toward the Heart: <a href="#">Peer Engagement</a>	<i>Videos made by the Peer2Peer project include:</i> <ul style="list-style-type: none"> <li>• <a href="#">Harm Reduction and Overdose Response during COVID-19</a></li> <li>• <a href="#">How to respond to an overdose during COVID-19</a></li> <li>• <a href="#">How to place someone in recovery position</a></li> <li>• <a href="#">How to use and dispose of PPE</a></li> </ul>
Stigma	<a href="#">Compassionate Engagement Modules</a>	<i>Facilitator Guide with scenarios highlighting contexts where PWUD experience stigma. Includes videos, discussion prompts and reflection questions. Intended to bring together PWUS and services providers to encourage mutual respect .</i>