



Substance Use Services in Interior Health

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

Call 310-MHSU (6478) to connect to our “Access Services” program for entry into a substance use service that best meets your needs.

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

Not all services are available in all centres.

Prevention / Early Intervention

Services available to people who are at risk of or show signs of substance misuse or a mild substance use concern.

Substance Use Resources

Contains links to a number of resources to support your learning about substance use and self-help.

Substance Use Services for Youth

We provide a range of substance use services for youth under 19 years of age (age range is flexible depending on client needs).

Early Childhood Screening

Your local public health office provides information on tobacco use, youth suicide prevention and promoting mental health in teens.

Adults & Seniors

Specialized programs and resources are available to meet the needs of adults & seniors.

Help Lines Fact Sheet

This Fact Sheet is a compilation of trustworthy Help Lines to support you and guide you to other resources.

Mobile Apps / Virtual Care Fact Sheet

This Fact Sheet is a list of virtual supports that can be accessed through an internet connected device.

Safer-Use Services

Low threshold services intended to meet people where they are at and offer multiple entry points into appropriate services as they are ready.

Substance Use Outreach Services

Street-outreach and outreach within facilities through text, telephone & face-to-face contact. Service links people with substance use concerns to treatment & support systems in the community. Outreach services may also be included in other Substance Use Services.

Overdose Prevention Services

These services focus on reducing the risks associated with substance use & connecting individuals to other treatment services. Service includes safer injection education, distribution of harm reduction supplies, Take Home Naloxone kits & training and drug checking. Minor nursing care is available in some areas.

Overdose Prevention / Supervised Consumption Sites

These sites provide a safe and supportive location for people who use substances. Services include Overdose Prevention Services plus supervised consumption of a substance a person brings with them to the site and overdose emergency response.

Crisis & Hospital Services

Services provide intervention for people experiencing an acute substance use crisis. The primary focus is to engage with and link clients to service.

Crisis Response

Specialized team who respond to hospital (acute care and emergency departments) and community locations to provide urgent assessment, intervention and referral.

Substance Use Connections

This team supports people who use substances in both hospital and community settings. This priority response is dedicated to patients who present with / or are at risk of overdose.

Addiction Medicine Consultation Services

Provides services for people with substance use disorders while in emergency departments or during a hospital stay. A physician with a specialty in addiction medicine is part of the health care team and guides evidence based treatments.

RCMP Partnership Teams

These teams, consisting of an MHSU clinician and RCMP officer, respond to mental health and substance use emergencies in the community.

Aboriginal Patient Navigator Services

The goal of an Aboriginal Patient Navigator is to help make a patient’s care and journey to wellness safe, comfortable, less confusing, less stressful, culturally safe and inclusive.

Outpatient Treatment Services

Community based individual and group counselling, case management, support and/or day treatment programs.

Substance Use Counselling & Treatment Services

Group & individual counselling for people with moderate to severe substance use concerns, includes assessment & intervention, medical & psychiatric consultation, education & self-management support, referrals and outreach.

Intensive Case Management

Team-based care coordination for people with severe mental health and / or substance use concerns. Services may include Counselling & Treatment Services plus housing assistance, primary care & outreach.

Substance Use Day Treatment

A structured group-based substance use treatment & support service for individuals. Services may include Counselling & Treatment Services plus coping & self-care skills, social connections and tools to sustain a healthy & balanced lifestyle.

Integrated Treatment Teams

Flexible and discreet community-based substance use treatment for adults 19 years or older. These interdisciplinary teams provide virtual and in-person counselling-based treatments, connection to prescription medications and Peer Support.

Opioid Agonist Treatment (OAT)

A treatment that uses prescribed medications to treat people with opioid use disorders. These medications provide stable, long acting relief from withdrawal and cravings and can improve health outcomes. The primary medications used are Buprenorphine / Naloxone (Suboxone®) and Methadone.

Facility Based Services

Services are for adults, with moderate to severe substance use issues, who require a more intensive treatment setting than programs such as the Outpatient Treatment Services listed here.

Facility Based Withdrawal Management Services

Provides medically supported services through acute stages of withdrawal from alcohol or other drugs in an inpatient setting. Beds are available in Kelowna, Kamloops, Williams Lake and Castlegar.

Facility Based Treatment Services

Provides a structured, live-in program for people with substance use disorders. A person’s treatment goals are supported through assessment, individualized evidence-based treatments and skill building. Bridgeway-Intensive Live-In Treatment and Round Lake Treatment Centre are located within the Interior Health region. Other Health Authority funded Treatment beds located outside of the IH region that IH resident can access include Burnaby Centre for Mental Health and Addiction, Phoenix Centre, Heartwood Centre for Women and Cedars at Cobble Hill.

Support Recovery Services

Time-limited substance-free live-in settings provide a safe, supportive environment for people who are experiencing low to moderate substance use. Beds are available to all Interior Health residents. These facilities are required to be registered as an Assisted Living Residence and are available in Cranbrook, Armstrong, William Lake, Nelson, Vernon, Kelowna, Kamloops and Merritt.



Interior Health
Every person matters

