

## Information For Family and Friends

- Visiting hours are from 2:00 pm to 8:00 pm daily.
- For patients comfort, keep visits short and no more than two visitors at a time.
- Visitors should be free of the flu, cold, or cough.
- Visitors parking is available in the pay parking area.
- ***No smoking is allowed in hospital, or on hospital property.***

## Please Note

Ask friends inquiring about your condition to contact a family member, rather than the hospital.

## Please Note

There may be times when an unplanned emergency occurs. This may result in your surgery being postponed and rebooked for a later date.



Interior Health

## ***Pre Surgical Screening***

## **Same Day Admission Surgery**

Vernon Jubilee Hospital  
2101 32<sup>nd</sup> Street  
Vernon, BC V1T 5L2  
Phone: 250-545-2211

## Prior to Surgery, you must organize:

- transportation to and from the hospital
- a caregiver, if necessary
- an interpreter, if needed
- equipment which may be required after surgery (i.e. crutches, walker, etc.)
- a family member or friend to assist with meals, housekeeping and personal care once you are at home, if necessary

Notify your surgeon's office if you develop a fever, cold or illness prior to your surgery.

## The Day Before Surgery

Call the hospital at 558-1378 between 12:00 and 2:00 pm for time of admission.

## Please be on Time

There are forms to be completed, and sometimes other preparations to be made. Occasionally, your operation may be a bit later than anticipated. At other times it may be earlier.

*On the evening prior to surgery, patients must not smoke or eat after midnight. (Including, chewing gum and candy)*

*Patients, including children over 12 months, are allowed **only 8 ounces of one of the following:** water, apple juice, black tea or black coffee up to **four** hours before surgery. No creamers or milk. If these instructions are not followed, your surgery will be cancelled.*

*Breast fed or formula fed infants (up to 12 months of age) may feed six hours before surgery.*

## The Morning of Surgery

- Have a bath or shower. Remove **all jewellery and piercings** and leave it at home. Remove all make-up and nail polish.
- Do not bring credit cards or more than \$20.00 cash to the hospital.

## Bring

- only insulin and inhalers
- housecoat, slippers, walking shoes and toilet articles

If you have any further questions you may contact a pre-surgical screening nurse @ 558-1200 local 1333 or 1255

## Your Operation

Specific instructions for your surgery.

Preparation: \_\_\_\_\_

\_\_\_\_\_

Medication: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Note:

It is hospital policy that patients be discharged by 11:00 am