

Follow up

Phone the office as soon as possible to arrange a follow up appointment, normally arranged for _____ weeks following the procedure.

- Dr. Noah Massa
2 – 3705 27th Street, Vernon, BC
Tel: 545-5433

- Dr. Jacek Szudek
202 – 5100 Anderson Way, Vernon, BC
Tel: 778-475-7730

Myringotomy and Tympanostomy Tube Insertion

Healthlink BC

Dial 8-1-1
Hearing Impaired Dial 7-1-1
Talk to a Nurse 24 hours/day, 7 days/week
Pharmacist available between 5 p.m.–9 a.m. daily
Dietitian between 9 a.m.–5 p.m.–Monday to Friday
www.healthlinkbc.ca

Vernon Jubilee Hospital
2101 32nd Street
Vernon, BC V1T 5L2
Phone: 250-545-2211

If you have any questions or concerns, please feel free to discuss them with the Doctor or a Nurse.

- You must be accompanied home by a responsible adult. You may not drive.
- An adult must stay with you after surgery and overnight if you have had a general anesthetic.
- Do not drink alcohol for 24 hours following surgery as its effects will add to those of the anesthetic. Do not drink alcohol while taking narcotics for pain control.
- Follow the instructions give to you by your Surgeon. Take medication as ordered for discomfort.

Post-Operative Instructions

- It is reasonable to expect small amounts of discharge and blood from the operated ear.
- For the child's discomfort use Tylenol® appropriate for his/her weight.
- If drops have been prescribed, use as directed.
- Keep the ear dry until seen in the office in follow up.
- If washing hair or bathing, place a cotton ball with Vaseline in the ear canal in order to prevent water entering the ear.
- Avoid swimming until seen post-operatively in the office.
- Do not use Q-tips or other objects in the ear.
- If blood drains, just wipe it gently with a facecloth.
- If the child feels nauseated or vomiting after anaesthesia, usually this will resolve in a day. You can use Gravol®, a dose appropriate for their weight.
- Normal school activities can be resumed the following day after surgery.
- Please call the office if pain, fever or drainage persists or develops.