

The objective of the Heart Function Clinic is to provide optimal Heart Failure medical care, education and self management support for people living with heart failure.

The goal is to support those individuals to better manage their condition and make healthy lifestyle changes to improve their overall health status so they may enjoy a better quality of life.

Improving the quality of life for those living with heart failure!



Interior Health

www.interiorhealth.ca

Office Hours:

Monday through Friday
8:00 a.m. through 4:00 p.m.

Closed weekends
and statutory holidays

Phone: (250) 980-1456

Fax: (250) 980-1509



Interior Health

**Central Okanagan
Heart
Function
Clinic**



Improving the quality of life for those living with heart failure!

Central Okanagan Heart Function Clinic,
Second Floor,
Dr. Walter Anderson Building
2251 Pandosy Street, Kelowna, BC V1Y 1T1
Tel: (250) 980-1456
Fax: (250) 980-1509

What is the Central Okanagan Heart Function Clinic (HFC)?

The Central Okanagan Heart Function Clinic is a Cardiologist-directed, outpatient clinic comprised of a Nurse Practitioner, Registered Nurses, Dietitian and Social Worker. The clinic is available to support persons diagnosed with Heart Failure to better manage their condition.

What is Heart Failure?

Heart Failure (HF) is a common medical condition affecting more than 800,000 Canadians. HF usually develops gradually. It is a condition in which the heart does not pump as strongly as it should. The body does not get the right amount of blood and oxygen it needs to work properly. The weakened pumping action can cause a back-up of fluid (congestion) in the lungs and other parts of the body, leading to what is otherwise known as congestive heart failure (CHF).



What Services Are Available?

- In-depth medical & nursing assessment
- Medication review and management
- Clinical counseling and education (offered in group or individual setting)
- Discussion & review of treatment options
- Support in end of life care planning
- Home Health Monitoring is available to help you detect changes in your condition, learn self care strategies and increase your understanding of your health failure.

Who Should Attend the HFC?

Individuals with physician-diagnosed HF may access the clinic through a referral from their Family Provider or Cardiologist (heart doctor).

Care is prioritized for those struggling with active symptoms related to their HF condition and/or a recent related Emergency Department visit or hospitalization.

A family member or support person is encouraged to attend the HFC with the client/patient.

Speak with your Family Provider or Cardiologist to inquire if this would be a good service for you.

Referral forms are available upon request at the HFC office
Call **(250) 980-1456**

Completed forms should be faxed to:
(250) 980-1509