

# DRUG POISONING (OD) ALERT



 Interior Health

February 10, 2022

KAMLOOPS

In effect until: February 17, 2022

Fatal drug poisonings (overdoses) are increasing in your area. Some involved the use of a pink substance, but not all. Drugs with high amounts of fentanyl and benzodiazepines are circulating in the community. Community members who use drugs of any colour are at risk when both injecting and smoking substances.

No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:

- Use with others around or at an Overdose Prevention Site (OPS).
- Contact Kamloops MHSU at 250-319-2116 to get connected to supervised consumption and harm reduction services.
- Get your drugs checked [drugchecking.ca](http://drugchecking.ca)
- Get the LifeGuard App - <https://lifeguarddh.com/>
- Carry naloxone and know how use it.
- Avoid mixing substances and start with a small amount.
- Call 211 or visit [bc211.ca](http://bc211.ca) to find services near you

## SAVE ME – Overdose Response Steps



**STIMULATE**  
UNRESPONSIVE?  
CALL 911



**AIRWAY**



**VENTILATE**  
1 BREATH EVERY  
5 SECONDS



**EVALUATE**



**MEDICATION**  
1 ML OF NALOXONE



**EVALUATE  
& SUPPORT**  
2ND DOSE?