

Transient Ischemic Attack (TIA) Clinic



Interior Health
Every person matters

Patient Information • Minor Stroke Assessment Clinic, Kamloops

www.interiorhealth.ca

You have been referred to the TIA/Minor Stroke Assessment Clinic.

What does this mean?

- You are safe to go home but it has been recommended that you are followed as a priority to reduce your risk of having a stroke
- The nurse at the TIA clinic will contact you by phone to discuss your symptoms and arrange for any assessment or testing recommended by the stroke specialist.
- Do not go to the Emergency Department unless you are experiencing recurrent symptoms.

You will be contacted by phone within 72 hours

If you have not been contacted by the clinic within 72 hours, phone: Kamloops (250) 314-2100 ext 3521

What to expect on the day of your visit

- You will be at Royal Inland Hospital (RIH) for 4–8 hours
- Once you have an appointment, you will be asked to arrive at the TIA Clinic on the 2nd Floor in the CSB Building to get your schedule for the day.
- After you have completed any diagnostic testing that is needed, you will return to the TIA Clinic
- The TIA Clinic is located in the Clinical Services Building—Level 2 where you will see the nurse and stroke specialist

Transportation

- Patients who may have experienced minor stroke/TIA are not allowed to drive.
- You will need to arrange for reliable transportation to and from the clinic.

What to bring:

- Be prepared for a full day and bring all medications and food that you will need.

What is a TIA?

A TIA is a **Transient Ischemic Attack** (warning stroke).

A TIA occurs when the blood flow to a part of the brain is temporarily blocked but then improves. Early assessment is key to reducing the risk for further strokes.

What are the signs of a stroke?

The symptoms of TIA and stroke happen suddenly. Common symptoms include:

- Weakness, numbness, or paralysis of the face, arm, or leg (especially one side of the body)
- Difficulty speaking or understanding speech
- Sudden loss of vision in one eye
- Sudden dizziness and inability to walk
- There is usually no pain

If you experience any recurrent symptoms or any of the above symptoms, please call 9-1-1 or go to the emergency department immediately.

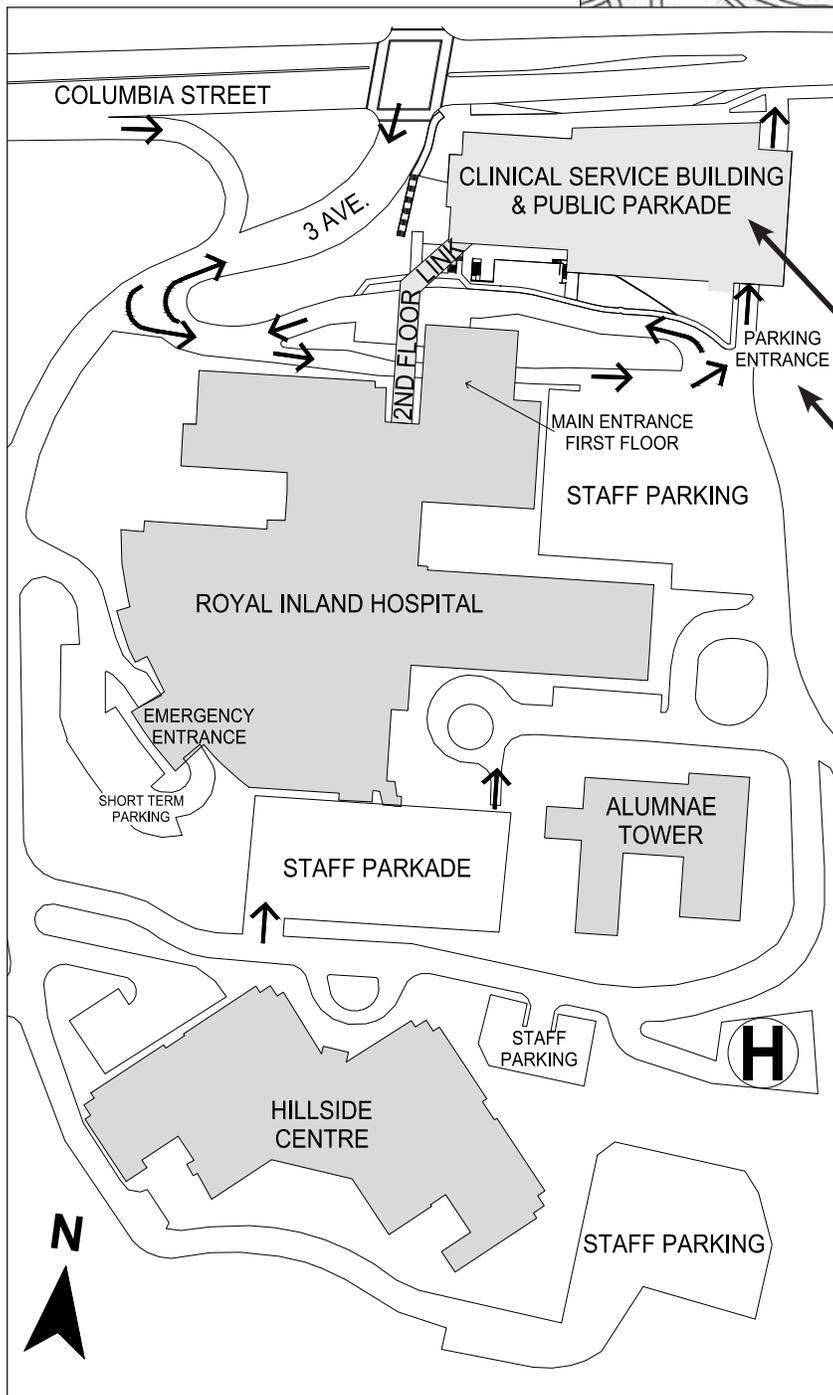
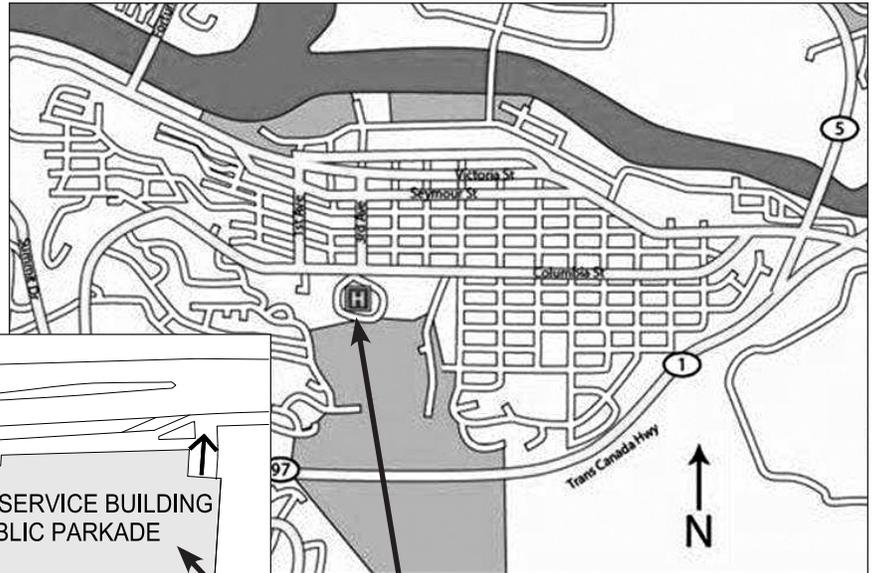
more information on other side →

Healthlink BC	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
Call 8-1-1	Dietitian	9 am–5 pm	Mon–Fri	
	Pharmacist	5 pm–9 am	Daily	
	www.healthlinkbc.ca	Hearing Impaired	Call 7-1-1	

Transient Ischemic Attack (TIA) Clinic (continued)

Kamloops TIA Clinic Address:

Clinical Services Building – Level 2
Royal Inland Hospital
311 Columbia Street
Kamloops, BC
Phone: 250-314-2100 ext 3521
Fax: 250-314-2169



Royal Inland Hospital

**TIA CLINIC
CSB Level 2**

Parkade Entrance