

Transient Ischemic Attack (TIA) Clinic

Patient Information • Minor Stroke Assessment Clinic, Kelowna

www.interiorhealth.ca

What is a Transient Ischemic Attack (I'ski:mik) Attack (TIA)?

A TIA is when there is a temporary blockage of the blood supply to the brain. TIA is often called a mini-stroke or a warning-stroke.

Source: heartandstroke.ca

How do you recognize a TIA?

TIA symptoms usually last less than an hour, and may only last a few minutes. TIA is a serious warning sign that a more serious stroke may occur soon. Source: heartandstroke.ca

Signs of TIA or Stroke

The symptoms of TIA and stroke happen suddenly. Common symptoms include:

- Sudden onset weakness, numbness, or paralysis of the face, arm or leg (especially on one side of the body)
- Sudden loss of vision (usually in one eye, can be both)
- Difficulty speaking or understanding speech
- Sudden dizziness, loss of balance, lack of coordination, or inability to walk

What a referral to the TIA / Minor Stroke Assessment Clinic means

- You are safe to go home, but it is recommended you follow-up with a stroke specialist to reduce your risk of having further TIA's or stroke.

- The TIA clinic will contact you to book an appointment.
- Your referral will be screened by a neurologist and booked according to urgency.

If you have not been contacted by the clinic within one week, call 250-980-1392

What to expect during your visit

- You will be at the clinic for 1 to 2 hours.
- Wear comfortable shoes and clothing as additional diagnostic testing may be ordered.
- Pay parking is available behind the Dr. Walter Anderson Building for \$1.50 per hour (please bring correct change or credit card).
- We are a scent-free building.

Transportation

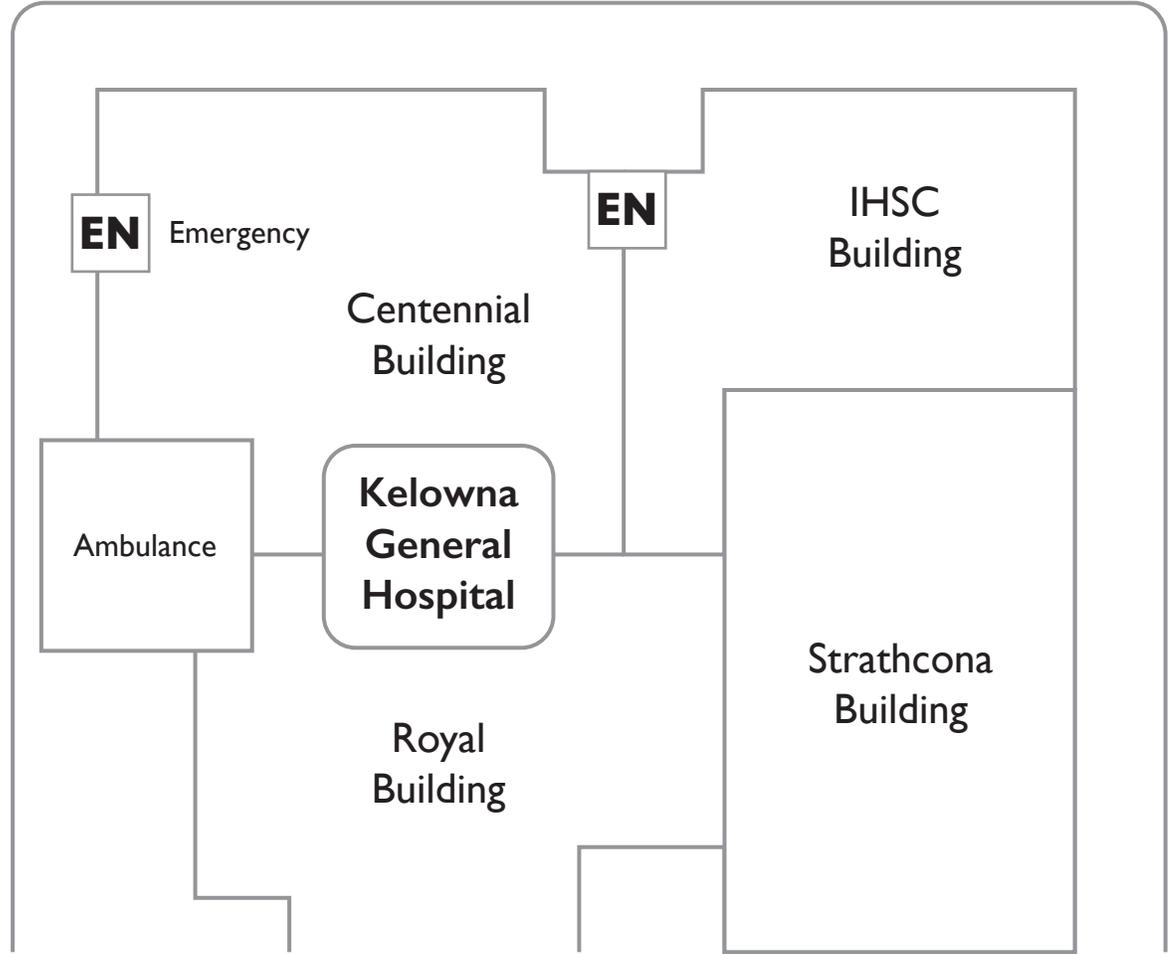
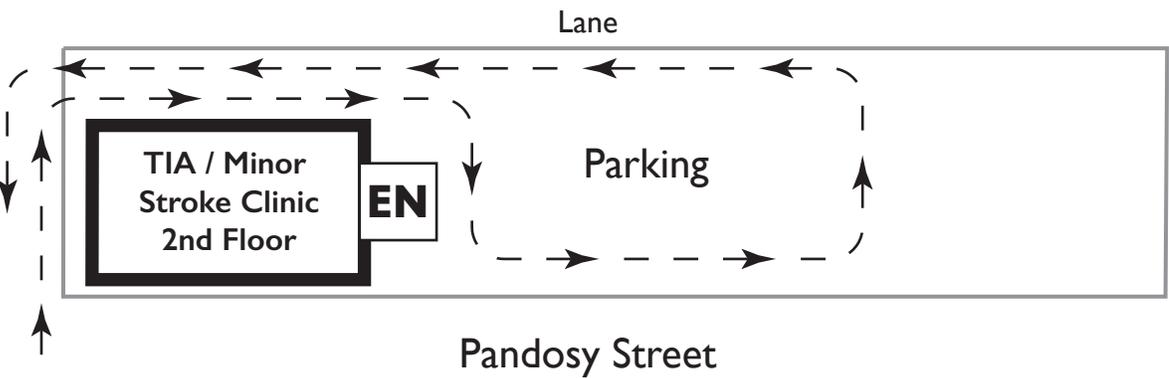
- Patients who may have experienced minor stroke/TIA are not allowed to drive.
- You will need to arrange for reliable transportation to and from the clinic.

TIA or Stroke is a medical emergency. If you experience any symptoms, call 9-1-1 or go to the Emergency Department immediately.

more information on other side →

Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		

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 Dr. Walter Anderson Building, 2nd Floor
 225 I Pandosy Street, Kelowna, BC
 Phone: (250) 980-1392 Fax: (250) 862-4463



Legend **EN** Public Entrance - - → Traffic Flow