



Supervised Consumption / Overdose Prevention Services

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

RESOURCE LIST

Start Here

Call 310-MHSU (6478) to connect with your [local Mental Health & Substance Use Centre](#).

Call a Crisis line for immediate assistance (24/7):

- **Interior Crisis Line Network**
1-888-353-2273
- **KUU-US (Indigenous) Crisis Line**
1-800-588-8717
- **Métis Crisis Line**
1-833-638-4722

Services

[Opioid Agonist Treatment \(OAT\)](#)

Outpatient Withdrawal Management Services

- Coming soon

Substance Use Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Descriptive Service Overview - Youth](#)
- [Clickable Linear Diagram](#)
- [Clickable Linear Diagram - Youth](#)
- [Clickable Circular Diagram](#)

Facility Based Services - Adult & Youth

Includes:

- Withdrawal Management Services
- Facility-Based Treatment Services
- Support Recovery Services

Mental Health Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Descriptive Service Overview - Youth](#)
- [Clickable Linear Diagram](#)
- [Clickable Linear Diagram - Youth](#)

Overdose prevention, supervised consumption sites and episodic Overdose Prevention Services (eOPS) are evidence-based health services that provide a place where people who use drugs can be safely monitored and treated if they overdose.

Watch the videos:

[In my experience: Supervised Consumption / Overdose Prevention Sites](#)
[Introduction to e-OPS \(episodic overdose prevention services\)](#)

Service Brochures

- [Benefits of Supervised Consumption](#)
- [Crisis & Hospital Services](#)
- [Substance Use Services](#)
- [Mental Health Community Counselling & Treatment Services](#)
- [Mental Health Treatment, Support & Recovery Services](#)
- [Mental Health Specialty Services](#)

Patient Information Sheets

- [Overdose Prevention](#)
- [Substance Use](#)
- [Anxiety](#)
- [Depression](#)
- [Suicidal Thoughts](#)
- [Mental Health Act](#)

Substance Use Fact Sheets

- [Overdose Prevention & Harm Reduction](#)
- [Opioid Agonist Treatment](#)
- [Help Lines](#)
- [Addressing Stigma](#)
- [Mobile Apps and Virtual Treatment](#)
- [Peer Education & Training](#)
- [Resources for Families Affected by Substance Use](#)
- Substance Information - [Alcohol](#)
- Substance Information - [Cannabis](#)
- [Mental Wellness Resources for Aboriginal Partners](#)

Our services are Person Centered, Recovery Oriented, Trauma Informed, Culturally Safe and based on Harm Reduction Principles.

