



Outpatient Withdrawal Management

Interior Health and our partner agencies provide a range of substance use services for all ages. We strive to ensure our services are welcoming of all peoples, gender identities, cultures, ethnicities and backgrounds.

RESOURCE LIST



Start Here

Call **310-MHSU (6478)** to connect with your [local Mental Health & Substance Use centre](#).

Call a Crisis line for immediate assistance (24/7):

- **Interior Crisis Line Network**
1-888-353-2273
- **KUU-US (Indigenous) Crisis Line**
1-800-588-8717
- **Métis Crisis Line**
1-833-638-4722

Services

Substance Use Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Clickable Linear Diagram](#)
- [Clickable Circular Diagram](#)

Mental Health Services

One-Pagers:

- [Descriptive Service Overview](#)
- [Clickable Linear Diagram](#)

Bed-Based Services

Includes:

- Withdrawal Management Services
- Facility-Based Treatment Services
- Support Recovery Services

Outpatient Withdrawal Management (OWM) Services support eligible adults who are seeking help to withdraw from, or stabilize alcohol and / or substance use and want to do so at home, in community on an outpatient basis.

Service Brochures

- [Outpatient Withdrawal Management](#)
- [Integrated Treatment Teams](#)
- [Substance Use Services](#)
- [Crisis & Hospital Services](#)

Information Sheets

- [Substance Use](#)
- [Overdose Prevention](#)
- [Suicidal Thoughts](#)
- [Anxiety](#)
- [Depression](#)
- [Mental Health Act](#)

Fact Sheets

- [Help Lines](#)
- [Addressing Stigma](#)
- [Mobile Apps and Virtual Treatment](#)
- [Opioid Agonist Treatment](#)
- [Overdose Prevention & Harm Reduction](#)
- [Peer Education & Training](#)
- [Resources for Families Affected by Substance Use](#)
- [Substance Information - Alcohol](#)
- [Substance Information - Cannabis](#)
- [Mental Wellness Supports During an Extraordinary Event](#)

Our goal is to provide person centered, recovery oriented, trauma informed & culturally safe services based on harm reduction principles.

