



Under 12 Months

Babies have so much to tell you! By one year of age they are good communicators, even if they're not talking yet.

Social Communication

By 12 months your baby is:

- Using their voice to get your attention
- Very social and more interested in people than in objects
- Responding to your voice and turning their head when you call their name
- Looking and smiling at you
- Able to play peek-a-boo and patty cake with you

Expressive Language

By 12 months your baby is:

- Using gestures such as “up”, waving bye-bye and using a finger to point things out to you
- “Noisy” with speech-like jabber. You should be able to hear a few different speech sounds (consonants) in their babbling, such as m, n, b, d, w, h, y
- Your baby may be saying their first word, such as “mama” or “dada”

Play Skills

By 12 months your baby is:

- Stacking a few blocks
- Showing you toys and sharing their interests with you
- Taking turns back and forth with you (Ex. Rolling a ball)
- Using objects for their purpose (Ex. pretending to drink from a cup)

Receptive Language

By 12 months your baby is:

- Understanding some single words such as car, show, cup and simple phrases like “Don't touch”



Baa-baa

