



Interior Health



Overdose Alert

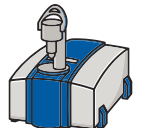
Kelowna

Interior Health has issued an OVERDOSE ALERT for Kelowna due to a recent increase in toxic drug deaths.

The current down/opioid supply is unpredictable in its make up. These drugs often contain a **benzodiazepines** and/or **potent tranquilizers** in addition to **fentanyl and analogues**. This often means that there are different mechanisms of action and effects that amplify each other, contributing to higher risk of overdoses and other complications.



Get your drugs checked by calling or texting 250-869-7870.
Drug checking is available in Kelowna from 11 - 7 Monday - Friday



No matter what or how you use (smoking, snorting, injecting, eating) take steps to prevent overdose:

- Find more drug checking locations at www.drugchecking.ca
- Be aware of risks if mixing with other drugs, including alcohol
- Use with others around or at an Overdose Prevention Site
- Start with a small amount and wait before taking more
- Space out your doses
- Carry naloxone and know how to use it
- Get the LifeGuard App - lifeguarddh.com
- Call 211 or visit bc211.ca to find services near you
- Text 'JOIN' to ALERTS (253787) to get toxic drug alerts on your phone

Alert in effect until May 16, 2025

Harm Reduction | Population Health

Substance Use Services

• 310-MHSU

Drug Checking

• 250-869-7870

Kelowna OPS

• 1649 Pandosy St.

• 7 days/week

• 11:30am - 10:30pm