



## **EXTENDED Overdose Alert**

### **Williams Lake and Surrounding Area**

**Interior Health has extended the OVERDOSE ALERT for Williams Lake and surrounding area due to a sustained increase in drug overdose deaths and ongoing overdose events.**

**In effect until June 12, 2025**

**No matter what or how you use (smoking, snorting, injecting) take steps to prevent overdose:**

- Carry naloxone and know how to use it.
- Be aware of risks if mixing with other drugs, including alcohol.
- Use with others around when possible.
- Start with a very small amount and space out your doses.
- Get the LifeGuard App - [lifeguarddh.com](https://lifeguarddh.com).
- Call 211 or visit [bc211.ca](https://bc211.ca) to find services near you.

#### **Local Services**

**Substance Use  
Connections  
250-267-6625  
Crisis Response  
250-305-8496**