



ALERT

Toxic Drug Poisoning


Vernon

Multiple non fatal drug poisonings (overdoses) have been reported in the city of Vernon

**Be a buddy:
Reach out for a
buddy so no one
uses alone!**

**START LOW
+
GO SLOW!**

Consider these additional tips if you are going to use drugs:

- Carry naloxone and know how to use it
- Use with others around or at an Overdose Prevention Site 
- Find drug checking locations at www.drugchecking.ca
- Be aware of risks if mixing with other drugs, including alcohol
- Start with a small amount and wait before taking more
- Space out your doses
- Call 211 or visit bc211.ca to find services near you
- Get the LifeGuard App - lifeguarddh.com

**Local Substance
Use Services
310-MHSU
Medicine Shoppe
Drug Checking
778-212-8611**

Alert in effect until September 5, 2025

Harm Reduction | Population Health