



# OVERDOSE ALERT

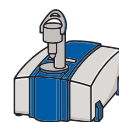
## Interior Health Region

**There has been an increase in overdose events in communities across Interior Health over the past week.**


**This alert is not linked to a specific substance; however, carfentanil continues to be detected in British Columbia. Carfentanil is considered to be up to 100 times more potent than fentanyl. When combined with opioids or other substances, its effects are amplified, greatly increasing the risk of fatal overdose.**



**If you are going to use drugs, get them checked first. Find drug checking locations throughout the Interior at [drugchecking.ca](https://www.drugchecking.ca)**



### **Consider these additional tips if you are going to use drugs:**

- Carry naloxone and know how to use it
- Use with others around or at an Overdose Prevention Site 
- Find drug checking locations at [www.drugchecking.ca](https://www.drugchecking.ca)
- Be aware of risks if mixing with other drugs, including alcohol
- Start with a small amount and wait before taking more
- Space out your doses
- Call 211 or visit [bc211.ca](https://bc211.ca) to find services near you
- Get the LifeGuard App - [lifeguarddh.com](https://lifeguarddh.com)

**Alert in effect until September 12, 2025**

**Harm Reduction | Population Health**

**Local  
Substance  
Use Services  
310-MHSU**