# Why are services available only to Indigenous People?

Interior Health has made a commitment to reduce the gaps in health between Indigenous People and other British Columbians. By helping First Nations, Métis and Inuit access culturally appropriate health services earlier, Interior Health hopes to improve the health of Indigenous People living in our health region.





#### **OUR MISSION**

To honour and respect a process of change, we shift paradigms so that we create a culturally safe, empowered journey of healing for everyone we cross paths with.

## Ask for an IPN today

**Cranbrook** East Kootenay Regional Hospital

(Hospital Based)

Cell: 403-923-4684

Days of Work: Part-Time, days variable

Kamloops Royal Inland Hospital

(Hospital Based)

Cell: 250-319-5420 or Cell: 250-318-8204

Days of Work: 7 days per week (occasional exceptions)

**Kelowna** Kelowna General Hospital

(Hospital Based)

Office: 250-862-4021 Cell: 250-801-0466 Days of Work: Monday to Fridays (excluding Stats)

Oliver & South Okanagan General Hospital & Penticton Regional Hospital

(Hospital Based)

Cell: 250-488-1230

Days of Work: Mon to Fri (excluding Stats)

**Salmon Arm** Shuswap Lake General Hospital

(Hospital Based)

Cell: 250-309-1495

Days of Work: Mon – Thurs 9 – 3

Tues – Fri 9 – 3 Alternating Weeks

Trail / Nelson Kootenay Boundary Regional / Castlegar / Hospital, Kootenay Boundary Liaison, Grand Forks Boundary Hospital, Arrow Lakes

Hospital, Kootenay Lake Hospital (Hospital & Community Based)

(partnered with COINS)

Cell: 250-399-0699

Days of Work: Mon to Fri, 8:30 a.m. – 4:30 p.m.

**Vernon** Vernon Jubilee Hospital

(Hospital Based)

Office: 250-558-1200 Ext 54130 Cell: 250-309-9436

Days of Work: Mon to Fri (excluding stats),

8 a.m. – 4 p.m.

Williams Cariboo Memorial Hospital

**Lake** (Hospital Based)

Office: 250-302-3266 Cell: 250-267-1677 Days of Work: 7 days per week, 8 a.m. – 7 p.m.

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# Indigenous Patient Navigator (IPN)

#### **SERVICES IN ACUTE CARE**

Supporting access to health-care services for Indigenous People







### What is the role of the IPN?

They are a resource for the Indigenous patients/clients and families to help them connect to the right services to meet their health care needs

They are a resource to health care providers to help make health care services culturally safe and assist them in connecting with Indigenous services

### Where are services located?

Services are available through the hospital and/or the community.

# What services do IPNs provide?

#### FOR PATIENT/CLIENTS

- Help patients understand and access health services
- Provide connections to religious and spiritual services
- Provide advocacy and emotional support
- Work as part of the multidisciplinary team to connect to services on discharge

#### FOR HEALTH CARE PROVIDERS

- Provide knowledge about cultural and spiritual practices
- Help identify and eliminate barriers to health care services
- Link Indigenous services with non-Indigenous services

