

Secure online access to your **Interior Health** patient record from your computer or smartphone, anytime, anywhere.



Be informed!

Access your lab results, medical imaging reports, such as X-ray, CT and ultrasound scans, certain transcribed reports, and visit history.

Be engaged!

Keep your contact information up to date. View and book certain appointments and see patient instructions.

Contact MyHealthPortal Support

Website

www.interiorhealth.ca/myhealthportal

Email

MyHealthPortal@interiorhealth.ca

Phone toll free

1-844-870-4756

Or submit your questions by clicking Contact Technical Support at the bottom of each page within the Portal.

MyHealthPortal does not provide medical advice

Questions about your health care, including lab results and medical imaging reports, should always be directed to your health-care provider.



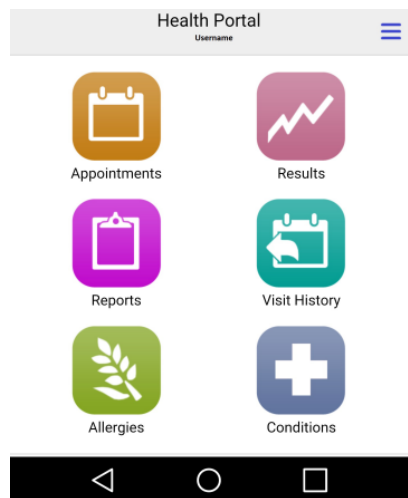
Interior Health

For more information go to

www.interiorhealth.ca/MyHealthPortal

Features

View your lab results, medical imaging reports (such as X-ray, CT and ultrasound scans), certain transcribed reports, view allergies and conditions, upcoming appointments, and recent visit history. You can also request updates to your contact information.



Computer Requirements

MyHealthPortal will operate on any computer, tablet or smartphone using the latest version of Microsoft Edge, Chrome and Safari web browsers.

Download the free mobile App for your Apple or Android Device.



Security

Your health information remains private and safe on the Interior Health secure network. Passwords are encrypted and the portal page will time-out if you forget to logout.

Privacy

You play a critical role in protecting your privacy. Never share your login or password information. Take care when viewing your MyHealthPortal at a public location or printing information from the portal.

You can choose to allow other individuals (relatives, caregivers) access to your health information through MyHealthPortal.

For more details on how to do this, read **How to Share my Portal Account** under Tips and resources at www.interiorhealth.ca/MyHealthPortal

Minor / Mature Minor / Incapable Adult Enrollment

You can request access for these special groups via specific forms by the same titles available at www.interiorhealth.ca/MyHealthPortal



How to Enrol

1. Have your email address added onto your patient record. Contact MyHealthPortal Support at 1-844-870-4756 or myhealthportal@interiorhealth.ca and request to have your email added to your record. Alternately, you can also request this by visiting central Registration at your local hospital.
2. Go to: www.interiorhealth.ca/MyHealthPortal
3. Complete and submit the online **Request to Enrol** form.
4. You will receive an email with instructions to complete your enrolment.