

Rural Coordination
Centre of BC



Enhancing rural health through education and advocacy

RURAL CONTINUING MEDICAL EDUCATION (RCME)

HANDBOOK & RESOURCE GUIDE

DEVELOPED BY THE

RCME Community Program *of the*
Rural Coordination Centre of BC

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Table of Contents

BACKGROUND.....	3
ACRONYMS	4
RCME COMMUNITY PROGRAM CONTACTS.....	5
INVOICING AND PAYMENTS.....	6
CLINICAL COURSES	7
ACoRN	8
AIME.....	9
ALARM.....	10
CARE	11
CASTED – Emergency	12
CPoCUS	13
ESCAPE	14
HOUSE EM.....	15
HOUSE OB	16
HOUSE IM.....	17
LEAP	18
PoCUS.....	19
LEADERSHIP COURSES.....	20
JOULE– Physician Leadership Institute	20
SAEGIS.....	21
ADDITIONAL RESOURCES	Error! Bookmark not defined.
ADDITIONAL FUNDING SOURCES.....	23
REAP – Rural Education Action Plan	23
SPIFI – Specialist, Sub-Specialist, Indigenous and Funding for Innovation	23

BACKGROUND

The Joint Standing Committee on Rural Issues (JSC) has changed the way that rural physicians receive funding for individual rural continuing medical education (RCME): rural physicians now receive direct payment for individual RCME. Without carry-over of individual RCME funds, reverted community funds which have been used for collective RCME experiences will eventually be or already are depleted.

After a provincial process of engagement, the JSC has approved the RCME Community Program. Once implemented, RSA communities will receive funding every year to address community RCME needs.

Each RSA community has a number of steps to complete to implement into the new program. One of the steps and discussions during the implementation process is consideration for a defined role for non-physician admin for community RCME support.

This handbook/resource guide has been developed to provide local, multi-community and/or regional administrative staff with the tools and knowledge to support community RCME as well as have a better understanding of RCME processes and functions.

This handbook/resource guide provides physician groups with information on closer to home continuing medical education opportunities and additional resources and funding options.

ACRONYMS

RCME – Rural Continuing Medical Education

CME – Continuing Medical Education

CPD – Continuing Professional Development

JSC – Joint Standing Committee on Rural Issues

UBC RCPD – University of British Columbia Rural Continuing Professional Development

REAP – Rural Education Action Plan

RCCbc – Rural Coordination Centre of British Columbia

ACLS – Advanced Cardiac Life Support

BLS – Basic Life Support

PALS – Pediatric Advanced Life Support

ACORN – Acute Care of At-Risk Newborns

ALARM – Advances in Labour and Risk Management

ATLS – Advanced Trauma Life Support

CARE – Comprehensive Approaches to Rural Emergencies

CASTED – Hands On Orthopedic Course

EDE – Emergency Department Echo (Point of Care Ultrasound Course)

ESCAPE – Enhanced Simulation of Critical Care and Perioperative Emergencies

HOUSE – Hands On Ultrasound Education

PLI – Physician Leadership Institute

POCUS – Point Of Care Ultrasound

SIM – Simulation

RCME COMMUNITY PROGRAM CONTACTS

Heather Gummow, Provincial Manager, RCME Community Program
Rural Coordination Centre of BC (RCCbc)
hgummow@rccbc.ca C: 778-875-3156

Ian Schokking, Physician Lead, RCME Community Program
Rural Coordination Centre of BC (RCCbc)
schokko@shaw.ca

Check out the [RCME Community Program](#) webpage!

Nicole Hochleitner-Wain Liaison, Rural Continuing Medical Education
Interior Health | Rural Coordination Centre of BC (RCCbc)
nicole.hochleitnerwain@interiorhealth.ca C: 250.256.9158

Nicole's role offers assistance to all communities within the region to develop processes, structures and policies to execute community RCME, assist with provincial applications for funding including REAP Bursaries, and is responsible for the regional management of community fund tracking, monitoring and reporting.

MINISTRY OF HEALTH POLICY

RCME Community Program overview and policy

<https://www2.gov.bc.ca/gov/content/health/practitioner-professional-resources/physician-compensation/rural-practice-programs/rural-education>

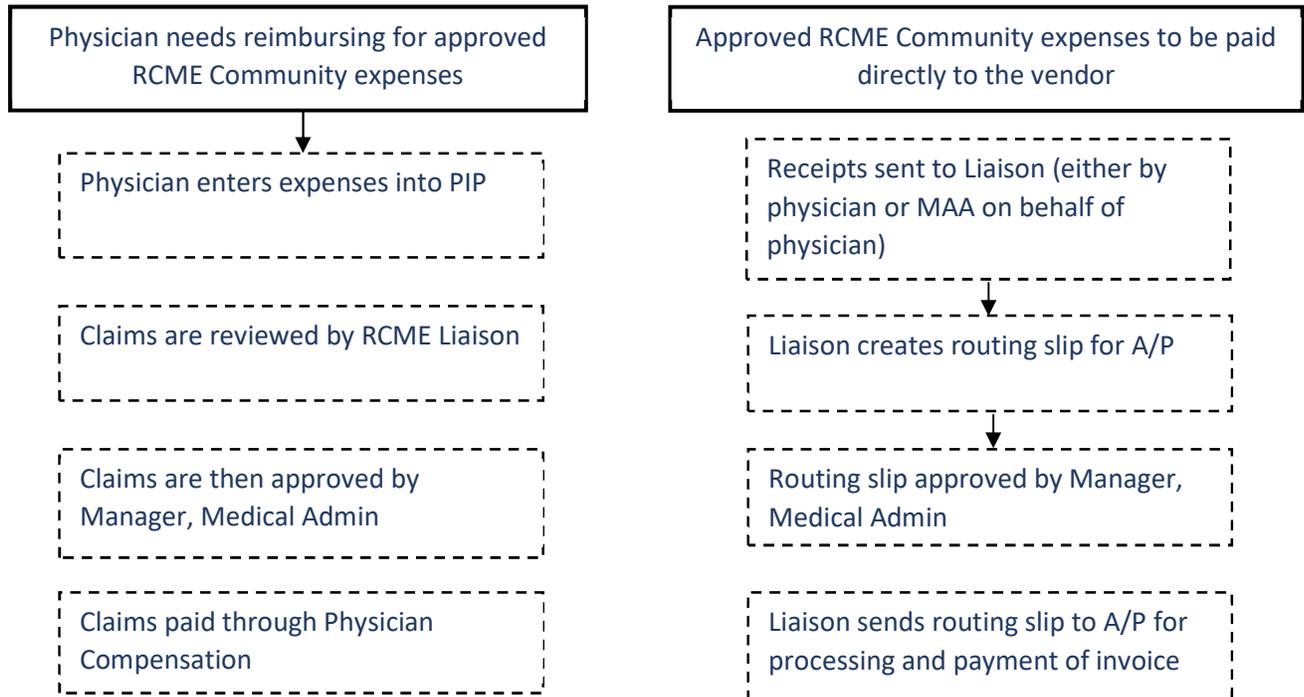
<https://www2.gov.bc.ca/assets/gov/health/practitioner-pro/rcme-community-policy.pdf>

INVOICING AND PAYMENTS

Please ensure that the expenditures being processed for RCME Community Funding are in line with the criteria and principles put forward by the Joint Standing Committee on Rural Issues.

Process to get RCME Physician Lead approved expenses paid:

Cost Centre for Community RCME Expenses	XXXX.71.2070000
EOC for Community RCME Expenses	3909021



PIP – Physician Invoice Portal

<https://www.interiorhealth.ca/AboutUs/Physicians/PIP/Pages/default.aspx>

Physician Invoice Portal PIP can be accessed from the Application Portal via Insidenet – Go to the Physician tab and click on the PIP icon.

<http://portal.interiorhealth.ca/>

Accessing PIP outside of an IH facility requires using IH Anywhere. IH Anywhere offers remote, 24/7, access to submit your invoice or claim – Ensure you have access to IH Anywhere.

Submit your claims and invoices as soon as possible. Cut off dates for approved claims and invoices are on the Pay Calendar. This calendar is available under the “News” Section in PIP (left hand side of the screen).

For assistance, please contact Nicole Hochleitner-Wain

Email: Nicole.hochleitnerwain@interiorhealth.ca

Telephone: 250.256.9158

CME PARTNERS

IH Rural Mobile Simulation Program

<https://www.interiorhealth.ca/sites/Partners/Simulation/Pages/default.aspx>

The IH Rural Mobile Simulation Program was initially designed to provide instruction on emergency medicine concepts, and to provide an opportunity for rural providers of emergency care to practice potentially lifesaving skills, however, this has branched out into pediatrics, ICU, and OR as well. This program is designed to be flexible to varying levels of experience, knowledge and background.

iStan & PediaSIM has been travelling to rural sites since 2009 and are currently used for inter-professional training for:

- Emergency & trauma rooms across IH (33 sites) for scenarios such as airway, shock, ACS, ACLS, Trauma, Toxicology, Respiratory or based on sites' needs.
- Pediatrics & ICU floors – KBRH
- Anesthesiology OR - SLGH

Contact

Shelly Koochin, Simulator Coordinator for IH

Email: Shelly.Koochin@interiorhealth.ca

Telephone: 250.868.5200 extension 70614

CLINICAL COURSES

ACoRN

(Acute-Care of at-risk Newborns)

<https://www.cps.ca/en/acorn/the-acorn-education-program>

ACoRN aims to teach the concepts and basic skills of neonatal stabilization and, where necessary, preparation for transport to a referral facility.

Course Objectives

- Family-centered care, including support for parents and caregivers
- Team-based care, promoting an interdisciplinary approach to training and practice
- Regionalized care, promoting liaison between referring and referral centres
- Regionalized education, promoting an education-learner infrastructure based on existing outreach programs
- Evidence-based care firmly based on existing evidence and subject to ongoing peer-review and modification

Accreditation

This program meets the accreditation criteria of the College of Family Physicians of Canada and accredits for up to 8 Mainpro+ credits.

Cost

ACoRN is \$495.00 per person

Contact

Stephanie Ameyaw

Stephanie.a@ubc.ca

AIME

(Airway Interventions & Management in Emergencies)

https://caep.ca/cpd-courses/aime/?gclid=EAlalQobChMI1a3Cr_695wIVBcpkCh2x8g3-EAAYASAAEgluL_D_BwE

Course Objectives

- How to optimize oxygenation hemodynamics before you intubate
- Be more confident and comfortable in making acute-care airway management decisions
- Know when and how to use various tools and adjuncts for managing the difficult airway

Accreditation

This program meets the accreditation criteria of the College of Family Physicians of Canada and accredits for up to 18 Mainpro+.

Cost

Guarantee 2 days of 18 different learners each day as a minimum (2 days of 24 learners if needed)
\$1145-1600 depending on Physician Member and time of registration. For further details, please contact AIME.

Contact

Gail Chapman, CPD Coordinator
Tel. 613.523.3343
gchapman@caep.ca

ALARM

(Advances in Labour and Risk Management)

<https://www.sogc.org/en/content/events/alarm-courses.aspx?hkey=3733a4f9-530a-4e18-9f39-7b5e4840e47e>

Course Objectives

- ALARM aligns with the Managing Obstetrical Risk More Efficiently Program (MORE^{OB}), a course developed and taught inter-professionally, and commonly required for Canadian intrapartum-care providers working within a hospital setting.

Accreditation

This program meets the accreditation criteria of the College of Family Physicians of Canada and accredits for up to 45 Mainpro+ credits. Continuing Medical Education credits: 15 hours and 3 credits – RCPSC.

Cost

Please reach out to the Society of Obstetricians and Gynaecologists of Canada for more information on costs.

Contact

The Society of Obstetricians and Gynaecologists of Canada
Tel. 613-730-4192 or 1-800-561-2416
info@sogc.com

CARE

(Comprehensive Approaches to Rural Emergencies)

<https://rccbc.ca/education-and-cmecpd/cmecpd/rural-courses/the-care-course/>

Course Objectives

- Effective communication and teamwork in the multidisciplinary setting
- Early recognition of the critically ill patient
- Effective techniques for managing the challenges of emergency care in the rural setting

Accreditation

Certified by the College of Family Physicians of Canada for up to 51 Mainpro+ credits.

Cost

The CARE Course to keep the community's total cost of the course to \$24,000.00 for 24 participants. Each community determines the ideal way to fund the delivery of the CARE course.

Contact

info@theCAREcourse.ca

CASTED – Emergency

<https://casted.ca/courses/casted-emergency/>

The case-based lectures also help you understand ED orthopedic principles. The ‘hands-on’ components begin with demonstrations of ED orthopedic reductions and immobilization techniques. CASTED – Emergency has two versions, 1-day (9 hours) and 2-days (16 hours).

Course Objectives

- Have a much better approach MSK injuries
- Have practiced numerous reduction and immobilization techniques
- Know how to diagnose commonly missed injuries

Accreditation

This program meet the accreditation criteria of the College of Family Physicians of Canada and accredits for up to 48 Mainpro+ credits.

Cost

For more information on cost, please call program coordinator.

Contact

Tel: 416-756-6443

Additional Courses

CASTED-Primary Care <https://casted.ca/courses/casted-primary-care/>

CASTED – Fracture Clinic <https://casted.ca/courses/casted-fracture-clinic/>

CPoCUS –

(Canadian Point of Care Ultrasound Society)

The EDE Bootcamp system is an intense three-day hands-on program that provides user with directly supervised scanning of over 100 live models.

Written, practical and visual exams are administered during Bootcamp to consolidate learning and qualify the participant for Canadian Point of Care Ultrasound Independent Practitioner Certification.

Courses/Modules <https://emergdoc.com/>

- CORE Bootcamp
- Resuscitation Bootcamp
- Diagnostic Bootcamp
- MSK Bootcamp

Accreditation

30 CFPC CERT+ credits

Cost

Contact EDE directly.

Contact

<https://emergdoc.com/contact-us/>

ESCAPE

(Enhanced Simulation of Critical Care and Perioperative Emergencies)

<https://ubccpd.ca/rural/escape>

The Enhanced Simulation of Critical Care and Perioperative Emergencies (ESCAPE) Course is a one-day, program. Designed and delivered by family practice anesthesiologists.

Course Objectives

- Demonstrate effective crisis resource management skills, including communication and team work;
- Demonstrate an effective approach to, and management of, intraoperative emergencies and trauma and critical care resuscitation;
- Treat patients presenting with rare or infrequent and time sensitive health issues;

Accreditation

This group learning program is certified by the College of Family physicians of Canada for up to 12.0 Mainpro+ credits.

Cost

ESCAPE can accommodate 12-16 people at \$6,000.00 for the course.

For more cost details, connect with Program Coordinator.

Contact

Nicole Moon – Program Coordinator

Tel: 604-875-4111 ext.24627

Nicole.m@ubc.ca

HOUSE EM

(Hands On Ultrasound Education – Emergency Medicine)

<http://house.ubccpd.ca/about-us/>

HOUSE EM gives rural physicians the training and confidence to integrate point-of-care ultrasound into their practice.

Course Objectives

Sample modules include:

- Shock, Trauma
- Abdominal pain, Dyspnea
- Musculoskeletal

Accreditation

This Group Learning program has been certified by the College of Family Physicians of Canada for up to 63.0 Mainpro+ credits.

Cost

HOUSE can accommodate 3 to 16 learners at \$1,600.00 per participant

Contact

Nicole Moon – Program Coordinator

Tel: 604-875-4111 ext.24627

cpd.house@ubc.ca

HOUSE OB

(Hands On Ultrasound Education – Obstetrics)

HOUSE OB was designed specifically for rural health care practitioners who provide obstetrical care to patients.

Course Objectives

- To understand the role of ultrasound as an adjunctive tool to clinical exam and history, and to be able to use this tool in a safe manner.
- To become confident in basic transabdominal scanning of first and third trimester pregnancies.
- To understand and recognize normal ultrasound features of first and third trimester pregnancies.

Accreditation

This Group Learning program has been certified by the College of Family Physicians of Canada for up to 27.0 Mainpro+ credits

Cost

HOUSE OB requires a minimum of 12 participants. For costs connect with Program Coordinator.

Contact

Nicole Moon – Program Coordinator

Tel: 604-875-4111 ext.24627

cpd.house@ubc.ca

HOUSE IM

(Hands On Ultrasound Education – Internal Medicine)

Course Objective

- Lung ultrasound
- Basic cardiac ultrasound
- Systems based PoCUS

Accreditation

This Group Learning course meets the certification criteria of the College of Family Physicians of Canada and has been certified by UBC CPD for up to 7.5 Mainpro+ credits.

Cost

HOUSE IM requires a minimum of 6 participants. For costs connect with Program Coordinator.

Contact

Nicole Moon – Program Coordinator

Tel: 604-875-4111 ext.24627

cpd.house@ubc.ca

LEAP

(Learning Essential Approaches to Palliative Care)

<https://www.pallium.ca/course/leap-core/>

LEAP Core is an inter-professional course that provides health care professionals with an in-depth learning experience on essential skills and competencies of the palliative care approach. LEAP Core is taught by local experts who are experienced palliative care clinicians and educators. (Learning Essential Approaches to Palliative Care)

Course Objectives

- Assess and manage pain; delirium; gastrointestinal symptoms, hydration, and nutrition; and respiratory symptoms
- Promote and undertake Advance Care Planning discussions
- Initiate essential discussions related to palliative and end-of-life care in daily work
- Prepare patients and families for last days and hours

Accreditation

- This Group Learning program has been certified by the College of Family Physicians of Canada for up to 28 Mainpro+ credits

Costs

- See site for registration fees or email support@pallium.ca

Contact

info@pallium.ca

Tel. 1-833-888-LEAP (5327)

PoCUS

(Point of Care Ultrasound Training)

<https://www.bcpocus.ca/about-bc-pocus/>

<https://www.ubcimpocus.com>

Course Objectives

This course couples well with HOUSE. Gives in-depth knowledge of Ultrasound. Please check website for more details.

Contact

bc.pocus@ubc.ca

LEADERSHIP COURSES

JOULE– Physician Leadership Institute

<https://joulecma.ca/learn>

JOULE’s in-house Physician Leadership Institute is a CME program that empowers health care managers, doctors and their teams to lead through change. JOULE is a Canadian Medical Association (CMA) subsidiary. JOULE’s purpose is to accelerate physician-led innovation and adoption of advances that deliver excellence in health and patient care.

Courses Objectives

There are a variety of different courses available online and brought to your community.

In Community – LEADS

- Lead self, Lead others
- Achieve results
- Develop coalitions, Systems transformation
- Crucial Conversations, Crucial Accountability

Full course list: <https://joulecma.ca/learn/inhouse>

Accreditation

- See website for different course accreditation

Costs

- See website for different course fees

Contact

jouleinquiries@cma.ca

Physician Leadership Institute (PLI) Certificate

- Taken at least five PLI leadership development courses within the past ten years
- A minimum five years of senior or executive healthcare leadership experience, with a focus on the LEADS realms of Developing Coalitions and Systems Transformation
- A minimum 20 additional CPD credits from other accredited leadership courses and/or accredited programs. (These could include additional PLI physician leadership courses and/or accredited conferences.

To learn more about the credential and find out if you are eligible, please visit: <http://ccpecredential.ca>, or email: deirdre@physiciansleaders.ca

SAEGIS

<https://saegis.solutions/en/programs?filter-province=British+Columbia>

Saegis is a member of the CMPA family, offers in-depth, specialized solutions for physicians and allied health care team, focusing to reduce risk and improve safety.

Courses

- Effective Team Interactions, Strategies for Managing Unprofessional Behaviour
- Successful Patient Interactions
- Clinical Communication Program, Communicating Unexpected Outcomes
- Safer Opioid Prescribing

Accreditation

Varies depending on courses

Cost

Varies depending on courses

Contact

Tel. 1.833.435.9979

info@saegis.solutions

ADDITIONAL RESOURCES

Practice Readiness Assessment (PRA)

<http://www.prabc.ca/>

International Medical Graduates (IMGs)

<https://www.cpsbc.ca/for-physicians/registration-licensing/applying/imgs>

Society of General Practitioners for BC

<https://sgp.bc.ca/>

Medical Conferences

<https://rccbc.ca/education-and-cmecpd/cmecpd/conferences/>

Royal College

<http://www.royalcollege.ca/rcsite/sim-summit-home-e>

CFPC Events

<https://www.cfpc.ca/UpcomingEvents/>

The Society of Obstetricians and Gynecologists

<https://sogc.org/en/content/events/alarm-courses.aspx?hkey=3733a4f9-530a-4e18-9f39-7b5e4840e47e>

The Canadian Conference on Medical Education

<https://mededconference.ca/>

Canadian Medical Conferences

<https://www.emedevents.com/canada-medical-conferences>

American Academy of Pediatrics

<https://www.aapsonline.com/>

SkillStat Courses

<https://www.skillstat.com/skillstat-courses>

EDE Courses

<https://edecourse.com/>

UBC-CPD Close to Home Courses

<https://ubccpd.ca/rural/closer-to-home>

UBC-CPD

<https://ubccpd.ca/courses>

ADDITIONAL FUNDING SOURCES

(over and above the community's annual allocation)

REAP – Rural Education Action Plan

REAP supports the training needs of physicians in rural practice, provides undergraduate medical students and postgraduate residents with rural practice experience, and increases rural physician participation into the medical school selection process.

There are several REAP programs which support the continuing medical education needs and teaching activities of rural physicians in British Columbia:

- New Rural Physician CME Program
- Rural Locum CME Program
- San'yas Indigenous Cultural Safety Training
- Advanced Skills and Training Program
- Rural Leadership Development Project
- Closer to Home CME Program
- Undergraduate Teaching Stipend

To learn more about these programs, contact the REAP Senior Program Assistant reapphysicians@familymed.ubc.ca or by phone at 604-827-1504.

SPIFI – Specialist, Sub-Specialist, Indigenous and Funding for Innovation

The RCME Community Program makes funding available to eligible RSA communities for community RCME planning, development and delivery. The design phase for the program identified specialists, family physicians with sub-specialties and indigenous communities require additional assistance and supports to:

- Focus on RCME that cannot be addressed locally due to the lack of other relevant learners;
- Increase the capacity to deliver health care services to Indigenous communities, through collective learning initiatives; and
- Support innovative delivery of, and approaches to community RCME.

To learn more about this program and eligibility, please contact Heather Gummow hgummow@rccbc.ca or by phone at 778-875-3156.