

# MASKS ARE REQUIRED AT ALL TIMES

## **You have a vital role to play in preventing the spread of COVID-19 in our facility**

You must wear the medical mask provided to you for the duration of your visit, including when visiting with patients in their rooms. The patient must also wear a mask during your visit unless they cannot wear one for medical reasons.

## **Why wear a mask**

When someone with COVID-19 coughs, speaks or breathes they release small particles that can spread the virus to others nearby. Some people can spread the virus when they are unaware that they have COVID-19.

Masks are one of many layers of protection we use to help prevent the spread of COVID-19.

## **Exceptions**

- A person who cannot wear a mask for medical reasons.
- Children under 5 years of age.
- While consuming food or beverages at a location designated for those purposes. Please physically distance (2 metres) from people nearby.



Interior Health