

Additional Precautions Quick Reference

In addition to Routine Practices, Additional Precautions are sometimes necessary to protect everyone from the spread of infection. [Point of Care Risk Assessment](#) is used to determine if additional personal protective equipment and Additional Precautions are required.

Risk	Protection
Contact with patient or environment expected	Hand hygiene
Splash or spray of blood or body fluids/secretions anticipated	Hand hygiene + medical mask + eye protection Add gown if soiling of clothing likely
Contact with mucous membranes	Hand hygiene + don gloves
Contact with non-intact skin, blood, body fluids, secretions, excretions or soiled or likely soiled item/surface anticipated	Hand hygiene after PPE removal and before leaving patient environment.

Routine Precautions ADD:	Contact	Contact Plus	Droplet	Droplet & Contact	Airborne	Airborne & Contact	Airborne, Droplet & Contact
Organism Based Precautions (examples only- not a complete list)	MRSA ¹ Lice Scabies	CPO ² <i>C.auris</i> ³ <i>C.diff</i> ⁴	N. <i>Meningitidis</i> Mumps Pertussis	Influenza COVID-19 Group A Strep	TB	Varicella (Chickenpox) Disseminated herpes Zoster (shingles)	Measles
Syndromic Precautions	Draining wound Diarrhea Infestation	Diarrhea vomiting	Stiff neck + fever+ headache	Malaise+ acute cough +fever, toxic shock	Fever+ weight loss+ cough+ high risk for TB	Disseminated rash+ fever	Disseminated rash+ fever
Single Room	NO	YES	NO	NO	YES	YES	YES
AIIR5	NO	NO	NO	NO	YES	YES	YES
HCP PPE	Refer to Additional Precautions Signage						
Visitor PPE	Gown and gloves if providing direct patient care	Gown and gloves if providing direct patient care	Medical Mask and eye protection	Medical Mask and eye protection Gown and gloves if providing direct patient care	Offer N95 respirator to visitor	Offer N95 respirator to visitor Gown and gloves if providing direct patient care	Offer N95 respirator to visitor Gown and gloves if providing direct patient care
Parents of Pediatric Patients	Clean hands before entering and on leaving room. Do Not go into common areas such as patient kitchens, playrooms, patient lounges.						

1. MRSA: Methicillin-resistant *Staphylococcus aureus* 2. CPO: Carbapenemase-producing Organisms 3. *C.auris*: *Candida auris* 4. *C.diff*: *Clostridioides difficile* 5. AIIR: Airborne Infection isolation Room

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Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dākelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, syilx, and Tsilhqot'in Nations where we live, learn, collaborate, and work together.

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