

Contact Plus Additional Precautions

Safety Huddle



Personal Protective Equipment (PPE) & Hand Hygiene (HH)

Hand hygiene (HH) and PPE are required prior to making contact with the patient or the environment. Perform HH **prior** to accessing PPE, and don gown and gloves as indicated on the Additional Precautions sign.

When work is complete and you are ready to exit the room, each piece of PPE is considered contaminated—remove gloves first and perform HH, then remove the gown and perform HH. ABHR or soap and water may be used for performing routine HH.

Perform HH with soap and water when:

- Hands are visibly soiled AND/OR
- The unit is on outbreak for *C. difficile* or Norovirus.

Transmission

Germs that require **Contact Plus Additional Precautions** can spread through both direct and indirect contact.

Direct Contact: Happens when an infected or colonized person touches someone else or exchange bodily fluid. For example, germs can spread from an open wound or from the gut area if there is contact with another person's unprotected skin.

Indirect Contact: Occurs when germs survive on objects like doorknobs or bedrails. If another person touches these surfaces and then touches their eyes, nose, or mouth before cleaning their hands, germs can enter their body.

Why is Contact Plus different from Contact Additional Precautions? Germs such as *C. difficile* and CPO/*C. auris* have a high risk of spreading through the environment. Contact Plus includes extra steps—such as cleaning and disinfection twice a day and prioritizing dedicated equipment—to further reduce the spread of these organisms.

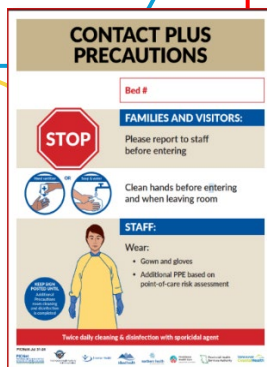
Environmental Cleaning & Disinfection

A sporicidal cleaning product must be used for certain germs, such as *C. difficile*. At IH, the approved sporicidal product is Complete 6000.

Cleaning and disinfection of room surfaces, and equipment is required twice a day six – eight hours apart using an IH approved **sporicidal** product. EVS staff to document twice daily cleaning and disinfection according to site procedure.

Additional Precautions Discharge Clean and Disinfection is completed when:

- Patient is discharged or transferred and/or
- Contact Plus precautions are discontinued.



Discussion

What product should be used for cleaning and disinfection?

When should you wash hands with soap and water?

How many times a day is a Contact Plus room cleaned and disinfected?



Interior Health

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For more resources visit the IPAC website [Additional Precautions Tab](#)
[Contact Plus Precautions](#)