

Baby feeding cues (signs)

Early cues

"I'm hungry"



Stirring



Mouth opening



Turning head
Seeking/rooting

Mid cues

"I'm really hungry"



Stretching



Increasing
physical movement



Hand to mouth

Late cues

"Calm me, then feed me"



Crying



Agitated body
movements



Colour turning red

Time to calm crying baby

- Cuddling
- Skin-to-skin on chest
- Talking
- Stroking



CPN / 840
Partnering with Consumers National Standard 2 (2.4)
Consumers and/or carers provided feedback on this publication.

Used with permission

To view the terms of this license, visit the [Creative Commons website](https://creativecommons.org/licenses/by/4.0/).

View the [Copyright Statement and Frequently Asked Questions \(PDF\)](#)

© State of Queensland (Queensland Health) 2010

Clinical Multimedia_210007



For more information visit
Interior Health website
www.interiorhealth.ca and
search 'Feeding Your Baby'
or scan code.



Interior Health