



STARTING
IN MAY

Baby Talk

A **free**, drop-in parenting group for caregivers with infants aged 0–12 months. Connect with other parents, share experiences, and gain helpful knowledge in a welcoming, supportive environment. The group is facilitated by a **Public Health Nurse**, giving you the chance to meet a PHN, ask questions, and receive reliable guidance on early parenting and infant development.

First and third Monday of each month

10:30 AM – 11:30 AM

Kelowna Family Y (375 Hartman Road)

All families welcome — **No Y membership required**

**Connect, learn,
and grow with us.**

Drop in—no registration required!

**For more information contact
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