

# CASTLEGAR URGENT & PRIMARY CARE CENTRE (UPCC)

*Castlegar UPCC is available to anyone in the Kootenay Boundary region.*

**Please call ahead to book an appointment for all services**

**📞 250-304-1289**

**🕒 Open 7 days/week**  
8 a.m. to 8 p.m.

**📍 Castlegar & District  
Health Centre**

**Call for an appointment for non-life-threatening illness or injuries such as:**



Minor pain including sore throats, wound checks and dressings, and suture removal



Assessment and short-term treatment for joint pain and injuries that limit movements



Minor fevers, infections and upset stomach



Sexual health information and testing



Short-term mental health including anxiety and mild to moderate depression

***Based on your care needs, care could be with a nurse practitioner, registered nurse, social worker, or physiotherapist.***

**If you have a health emergency that requires immediate care, call 9-1-1 or go to your hospital emergency department right away.**

- 🅑 Free parking**
- ♿ Wheelchair accessibility**
- 🚌 Located on the main bus route**
- 📍 Castlegar & District Health Centre  
709 - 10th Street, Castlegar  
VIN 2H7**

