

Collection of Urine for Chlamydia / GC and / or Trichomoniasis

Important Information:

It is recommended that urine specimens are collected during your lab visit to produce the best quality sample for testing.

If collection occurs outside the lab, refrigerate the urine sample immediately and deliver to the laboratory as soon as possible after collection. The sample must be received in the lab within 24 hours of collection for testing. Urine refrigerated for more than 24 hours cannot be used and will be rejected by the Laboratory.

Follow the instructions below **exactly** in order to provide accurate test results.

1. **Do not urinate for 1- 2 hours before collection.**
2. Use the sterile screw-lid urine container provided by the laboratory.
3. Wash and dry your hands thoroughly and place the towelette and specimen container within easy reach. The towelette will be used to clean the outside of the container after the specimen is obtained.
4. Remove the lid on the container and set it aside. Do not touch the inner surface of the lid or the container.
5. Note the measurements marked on the side of the container in milliliters (mL). Mark between the 20 and 30 mL mark with a black felt pen on the outside of the container as a visual reference mark. The maximum volume to be collected is 30 mL. Do not overfill past this line, otherwise the results may not be accurate.



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Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		

Collection of Urine (*continued*)

6. Void into the sterile container provided by the laboratory, collecting the **FIRST** 20 – 30 mL of urine only (NOT a midstream).
7. Stop voiding, or remove the container to prevent adding more urine. If you go over the 30mL line, **do not** pour urine out to lower the volume. You must **empty the entire container and start over from Step 1**.
8. Note: It is important to stop voiding into the cup **before** you are finished, otherwise the specimen will be too dilute and recollection is necessary.
9. Finish voiding into the toilet.
10. Replace the lid, tighten firmly to prevent leaking. Use the towelette to wipe the outside of the container.
11. Wash and dry your hands thoroughly after collection.
12. Label the container with your full legal name (first and last), date of birth, and health care card/BC Services Card number. Write the date and time of collection on the sample.
13. For sanitary reasons the container must be placed in a plastic bag.
14. Refrigerate immediately and deliver to the laboratory as soon as possible after collection. Specimens must be returned to the lab within 24 hours of collection.

Specimens will not be tested if there is missing information on the container label or requisition, or if container is overfilled.

The sample must be submitted in the sterile container provided by the laboratory. No other sample container is acceptable.

If you have any questions regarding your sample collection please contact your local laboratory.

You must present your current health care card/ BC Services card and requisition to the laboratory.