

Collection of Stool for Helicobacter Pylori

Important Information:

Do not take Proton Pump Inhibitors (PPI's), bismuth or antibiotics within two weeks prior to the test. If unsure if you've taken these medications, please check with your health care provider or pharmacist. For test of cure, collect sample four weeks after treatment is completed.

Check the hours the lab is open before obtaining sample, since the sample should be delivered immediately after collection for best results. Refrigerate the stool sample immediately and until it's delivered to the laboratory.

Collect stool directly into the collection basin provided by the laboratory, following the instruction sheet: **Collecting a Stool Specimen for Laboratory Testing.** Do not contaminate sample with urine, toilet water or toilet paper as this may affect the test result.

1. Wash hands before collecting the sample.
2. Remove the lid on the sterile container and set it aside.
3. Add 2 to 3 spoonfuls of stool into the sample container provided by the laboratory. No other sample container is acceptable.
4. Replace the lid and tighten firmly to prevent leaking.
5. Wash hands thoroughly after collection.
6. Label the container with your full legal first and last name, date of birth and BC Services Card/health care card number. Write the date and time of collection on the sample container.
7. Place your sample in a sealed plastic bag. Keep refrigerated until you return it to the lab. The sample must be delivered to the laboratory immediately after collection during open laboratory hours of operation. Testing is only valid for a limited time.

If you have any questions about your sample collection, please contact your local laboratory.

You must present your current health insurance (i.e. B.C. Services Card, provincial health insurance card) and requisition to the laboratory.

Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		