

About Us



Compass is a province-wide service that supports those providing care for child and youth (up to age 25) living with mental health and substance use concerns. By supporting providers with education that is meaningful for your community, systems navigation, and recommendations, we empower and communities to deliver culturally safe, timely, and meaningful care to children and youth close to home.

HAY CE: P QƏ
[Thank you.]

We gratefully acknowledge that we work on the territories of the **xʷməθkʷəy̓əm (Musqueam)**, **Skwxwú7mesh (Squamish)**, and **Səlilwətaʔ / Selilwitulh (Tsleil- Waututh) Nations**.



1 - 855 - 702 - 7272

www.compassbc.ca

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Healthy Minds Centre
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Vancouver, BC V6H 3N1



Provincial Health Services Authority

1.855.702.7272

CompassBC.ca



Supporting Providers

INDIGENOUS CARE

WALKING WITH INDIGENOUS COMMUNITIES AND PROVIDERS



Whax hooks in shqwalowin “Open your hearts and your mind”

A Gentle Approach

We believe that access to and engagement with culturally safe and relevant mental health care is foundational for Indigenous children and youth.

Our goal is to empower Indigenous and non-Indigenous community care and healthcare providers with skills and strategies to walk alongside Indigenous children, youth, and families in meaningful ways.

Our Indigenous care team can support you with education, resources, and connection to cultural practitioners and circles of care.

Our Service

- Compass phone line offers case by case support to providers for a wide variety of mental health and substance use topics; ie, system navigation, care planning, medication, and any other mental health related questions
- We offer meaningful virtual and in person education to empower communities to care for their young people with confidence.
- Compass clinicians also support connection to additional resources and networks to increase circles of care for children and youth in your community

Connecting with Us



Compass is a service available for
ALL PROFESSIONALS
walking with Indigenous
children and youth under age 25
with mental health & substance
use concerns in BC and the
Yukon



1 - 855 - 702 - 7272
to connect with an
experienced clinician
Monday - Sunday 9am-9pm

www.compassbc.ca
for educational toolkits,
webinars, and resources



After your consultation, you will
be sent a summary letter with
recommendations and
resources
We want to walk with you in a
meaningful way & you are invited
to call us as needed