Crying: Is My Baby Normal?

The Period of

PURPLE Crying@

YES! Healthy babies can cry A LOT in their first 5 months



2 If your baby keeps crying - try these!



(check if hungry, wet or tired)





(talk & sing)



(warm bath)



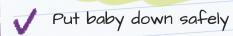


(skin-to-skin contact)



(go for a walk or car ride)

Baby still crying?



/ Walk away, take a break





It's OK to feel...













Syndrome can lead to permanent

brain damage or death

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