Your 4 Moments for Hand Hygiene



When entering a healthcare setting, it is important to practice the following strategies to prevent the spread of infections.

## **Hand Hygiene:**

There are 4 moments for hand hygiene. The moments that apply to volunteers are:

**Moment 1:** Before initial contact with patient/patient environment (including the curtains in multi-bed rooms)

Moment 4: After contact with patient/patient environment

# **Respiratory etiquette:**



- Cover your mouth with your upper sleeve when you cough or sneeze or use a tissue.
- Tissues are single use; don't keep them tucked up your sleeve.
- Hand hygiene after coughing or sneezing.
- Stay home when you are not feeling well and keep your vaccines up to date

## **Additional Precaution Signs:**

Watch for signage outside of patient rooms, or on their curtain.



# What are Additional Precautions signs?

Additional precautions signs communicate to healthcare providers and visitors that specific precautions must be taken before entering the patient's room to prevent the spread of infectious disease.

### What do Additional Precautions signs mean for Volunteers?

- Volunteers should not enter rooms with signage that indicates patients are on Additional Precautions.
- If a facility is experiencing an outbreak, volunteer services will be temporarily stopped until the outbreak is over (a sign will be posted at the main entrance of the facility or unit).

Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dãkelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'át'imc, syilx, and Tŝilhqot'in Nations where we live, learn, collaborate, and work together.



# **Cleaning and Disinfection:**

## Who is Responsible to Clean & Disinfect Equipment?

It is a shared responsibility between all healthcare providers and departments!

#### When is Cleaning & Disinfection Required?

Clean & Disinfect all equipment immediately after use or contact with a patient: Wheelchairs, mobility equipment.

Phones, pens, computer equipment.

### **How do I Clean & Disinfect Equipment?**

Cleaning and Disinfecting is a two-step process:

- 1) CLEAN: Use Accel wipe(s) to clean off any dirt or debris,
- 2) DISINFECT: Then use new Accel wipe(s) to disinfect equipment.





- Think " Green is Clean"
- Most units use green tape or sticky green notes on equipment to let everyone know it has been cleaned and disinfected.
- It is stored in a clean room or area (not dirty service)
- If you are unsure of whether an item has been cleaned, clean and disinfect it before use.

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