

Evidence Matters Update

Connecting Research & Practice in Interior Health and beyond!

Fall 2025

National Day for Truth and Reconciliation

September 30th

The **National Day for Truth and Reconciliation** - also known as **Orange Shirt Day** - reminds us of the need to confront the truths of colonialism that continue to shape this land and its people.

EVERY CHILD MATTERS - The orange shirt day movement began with the story of [Phyllis Webstad](#), whose orange shirt was stripped from her on her first day at residential school and remains as a symbol of the loss, trauma, and resilience carried by generations.

For Indigenous communities, it is a day of mourning, survival, and strength.

For settlers and non-Indigenous Canadians, it is a time to listen deeply, unlearn harmful narratives, and take meaningful responsibility.

Let this day be a catalyst for reflection, education, and action to advance the work of truth and reconciliation. **We look forward to seeing you out in the community with your Orange Shirt!**

Still need to order your orange shirt? There's still time [Official Merchandise - Orange Shirt Society](#)



xəqanał ʔikinił – Many Ways of Working on the Same Thing



The [xəqanał ʔikinił research project](#), which translates to “many ways of working on the same thing”, is a partnership between Ktunaxa Nation, IH, UVic, and UBC-Okanagan, and is overseen by Ktunaxa Elders & Knowledge Holders in the xəqanał ʔikinił Advisory Group.

The xəqanał ʔikinił team is excited to share a new learning resource, that sparked important conversations about *qapsin kiʔin ʔakałxuniyam?* – *what would a healthy community look like?* This free, online resource

is part of a global magazine designed to inspire youth worldwide to explore careers in research. We believe this resource will be of particular interest to Ktunaxa youth— but also any community member interested in learning more about this initiative.

The resource can be accessed online through various means:

- [Article as PDF](#)
- [Downloadable Activity Sheet](#)
- [Webpage](#)

In addition, please explore the complementary learning resource- a **podcast episode** highlighting themes of cultural reconnection, Nation rebuilding, and youth engagement.

You can listen to the episode here:

- Futurum webpage with accompanying learning tools: [Bridging Cultures for Better Healthcare](#)
- SoundCloud: [Listen here](#)
- Spotify: [Listen here](#)
- Audible: [Listen here](#)
- Amazon Music: [Listen here](#)
- YouTube: [Watch here](#)



BC Rural Health Research Exchange

The [BC Rural Health Research Exchange \(BCRHRx\)](#) is a virtual half-day event filled with brief rapid-style presentations designed to inform, engage and share current rural research in British Columbia. The next event will take place on **November 27, 2025**.

[Register as a presenter](#) or [Register as a participant](#).

UBC-O Psychology Dept Brown Bag Speaker Series

The UBC-O Psychology Department hosts an informal speaker series every Monday afternoon from 4:15 - 5:15 pm, starting in September 2025 and going until April 2026.

This year, we are hoping to connect with community researchers to bridge the gap between academia and research happening within the scope of the IH mandate. This can include community and Indigenous engagement research; environmental health; mental health and substance use; rural and remote health; and seniors and long-term care.

If you have a research project you'd like to share, please be in touch with Lisa Masini at lmadini@student.ubc.ca for more information.



IH PubHub Featured Article

Interior Health Publications Hub ([IH PubHub](#)) is a searchable bibliographic database of published material created by Interior Health staff and/or physicians. It is designed to index, share, and celebrate the scholarly output of our research community.

Featured Article Citation: Hobbs, B., Hicik, A., Tochkin, J. and Bloemink A. (2024), Evacuation or shelter-in-place? Applying a risk-informed decision support tool for long-term care facilities threatened by wildfire. *Journal of Business Continuity & Emergency Planning*, Vol. 18(3), 250-267. <https://doi.org/10.69554/IJET9958>

Webinars:

Sept. 16 (12-1pm) [ASK US: Towards Good Environmental Practices \(GEPs\) for Clinical Trials and Sites](#) | Health Research BC

Sept. 17 (10-11am) [Community Policing and Health Partnerships](#) | Canadian Centre on Substance Abuse and Addiction

Sept. 17 (12-1pm) [Quality Café: Beyond Awareness: Measuring Progress in Cultural Safety and Cultural Humility - Health Quality BC](#) | Health Quality BC (HQBC)

Sept. 25 (10-11:30am) [ADHD and Indigenous Strength: Understanding, Adapting, Thriving with K'odi Taylor](#) | UBC Learning Circle

Sept. 25 (10am-1pm) BIG IDEAS About Health Data Speakers Series [Centring Racial Equity Throughout the Data Life Cycle](#) | Health Data Research Network Canada

Sept. 25 (1-2pm) [Supporting Communities Together: Exploring Nav-CARE Volunteers and Community Connectors in Action](#) | Healthy Aging CORE BC

Oct. 2 (10-11am) [Promoting inclusive language in Canadian workplaces](#) | Canadian Centre for Diversity and Inclusion (CCDI)

October 23 (10-11:30am) [Indigenous Planetary Health and Health Systems with Dr. Nicole Redvers](#) | UBC Learning Circle

Conferences, Training, and Workshops:

Sept. 17 (7-8:30pm) [Thriving Project](#) | Rural Coordination Centre of BC (RCCbc)
Sept. 19+20 & Oct. 24+25 (in-person) [Healthcare Management & Leadership](#) Micro-credential | UBC-O
Oct. 22 (3:30-5pm) [Spotlight on Students: EIDM Resources to Prepare you for your Public Health Career](#) |
National Collaborating Centre for Methods and Tools
Oct 22-23 [Northern BC Research and Quality Conference](#) | UNBC
Oct. 23-25 [2025 Conference | Urban Indigenous Wellbeing Collective](#)
Nov. 12 (10-11:30am) [Using AI in Rapid Reviews: Applications in Screening](#) | National Collaborating
Centre for Methods and Tools
Sept.-Dec. [PHDA 01 - Working with Administrative Data](#) | Population Data BC
Sept.-Dec. [PHDA 03 - Population Health and Geographic Information Systems \(GIS\)](#) | Population Data BC
Sept. 2025 -Jun. 2026 [Education Calendar 2025-2026 Upcoming research workshops](#) | Fraser Health

**Please note: As part of our IH-wide budget management planning, VP approval is required for all external education/conference opportunities.*

Funding

- Canada Gairdner International Award [Deadline](#): October 1, 2025.
- John Dirks Canada Gairdner Global Health Award [Deadline](#): October 1, 2025.
- SSHRC [ECCC Indigenous Science and the Impacts of Plastic Pollution](#): RPIF deadline Oct. 10.
[Knowledge Synthesis: The Arts Transformed](#): RPIF deadline Nov. 25.
- NSERC [Discovery Horizons](#): RPIF deadline Oct. 13. & [Discovery Grant](#): RPIF deadline Oct. 27.
- UBC: Royal-Mach-Gaensslen Prize for Mental Health Research [Deadline](#): October 15, 2025.
- Health Research BC-Mitacs Industry-Based Opportunity [Deadline](#): December 31, 2025.

Want to join the email distribution list? Have something to share?

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