

Evidence Matters Update

Connecting Research & Practice in Interior Health and Beyond

January 2024



2023 BCRHRx Presentation Recordings Now Available!

The 4th annual BC Rural Health Research Exchange (BCRHRx) held on November 29th, 2023, included 24 brief rapid-style rural health research presentations designed to inform, engage and share current rural research in British Columbia.

To learn more: <https://rccbc.ca/initiatives/bcrhrx/>

RCCbc Workshop titled, Finding Your Way in Teamwork: Team Coaching Principles

Attention members of rural BC health care teams: In this participatory and interactive workshop, participants will learn the attributes, skills and tools of high-functioning interprofessional teams and the critical role of developing psychological safety as the fundamental foundation of healthy teams. Participants will then be supported to design an action plan for strengthening psychological safety within the team they work with on a day-to-day basis. Resources for further learning will also be shared. The workshop will be co-facilitated by Dr. Rahul Gupta and Dr. Cecile Andreas, both physicians and Professional Certified Coaches with extensive experience in individual and team coaching.

When: **January 17, 2024 from 6:00-8:00PM PST**

How: Register for the Zoom link

<https://rccbc.ca/event/finding-your-way-in-teamwork-team-coaching-principles/>



Modern Casual Inference Creating a Gestalt Switch in the Science of Forests and Floods

Presented by Younes Alila, attendees will hear how the causal "stochastic" framework can help policymakers worldwide develop robust forest and water management plans based on a defensible and clear understanding of floods, in light of increasing flood risk caused by climate change.

When: **January 8th, 2024 -- 12:00pm to 1:00pm PST**

Where: VGH Research Pavilion or Online via Zoom

How: Registration required

https://www.c2e2.ca/Spotlight/YounesAlila?mc_cid=691be55c56&mc_eid=85dd7fa28b



Situational analysis for Strengthening a Palliative Approach in Long-Term Care in 6 Canadian Provinces

Please join Marie-Lee Yous, School of Nursing, McMaster University, and Clara Dyck, Education and Resource Leader, North Okanagan Hospice Society to hear the five recommendations for creating a scale-up plan to implement a palliative approach to care in Long-Term Care homes.

When: **January 16, 2024 from 10:00- 11:00AM PST**

How: Register for the Zoom link

https://ubc.zoom.us/webinar/register/WN_MJplT9orQ3qs4tkb_gTWBA#/registration

A Research to Practice Webinar Co-sponsored by the Institute for Healthy Living and Chronic Disease Prevention, UBC Okanagan; and the North Okanagan Hospice Society



Michael Smith
**Health
Research BC**

2023 Reach Award Recipients Announced

The Michael Smith Health Research BC Reach Program promotes knowledge translation (KT) activities by supporting researchers and research users* in disseminating research evidence through co-developing events, activities and/or tools to "extend the reach" of their work. This helps teams "reach" audiences who can directly use the knowledge to ultimately improve health and care for British Columbians and their communities. Reach awards also help build KT capacity, experience and skills in BC's research and health professional trainees.

The 2023 awarded research teams span the province from northern BC and the Interior to Vancouver Island and Metro Vancouver and address a wide range of health challenges.

Explore the award recipients here:

https://healthresearchbc.ca/wp-content/uploads/2023/12/2023_Reach_Award_Recipients.pdf

Research Speaker Series – Storytelling as Methodology: Anti-Oppression in Teaching and Research

Anti-oppressive teaching is not simply more representation of marginalized groups or more inclusive understandings of identity. Anti-oppressive research cannot be only the study of oppression and its impacts or new ways to combat it. Just as being “not racist” is *not* the opposite of racism, anti-oppressive teaching and research, like anti-racist work, is about more than oppression: it unearths and resists systems, policies, pedagogy, and the colonial roots of academia. Teaching and research are rooted in colonialism, and this fact should be uncomfortable. But what can we do with this discomfort? In this session we will explore anti-oppression in teaching and research beyond inclusion. We will interrogate some barriers to letting go of what is commonly viewed as the only acceptable and rigorous approach to research and writing. We will let go of either/or, quantitative or qualitative, reason or emotion, and scaffolded explanation or storytelling approaches and embrace a “yes and” approach to doing and expressing research.

If you have not interrogated your research methodologies for oppression, join us to engage in this vulnerable act. If you have done this work but wonder about other possibilities, come with courage and a willingness to let go.

When: **January 23, 2024 from 11:00AM- 12:00PM PST**

How: Register for the Zoom link

https://bccampus.ca/event/research-speaker-series-storytelling-as-methodology-anti-oppression-in-teaching-and-research/?instance_id=3749

Data-Driven Improvement Workshop

Measurement and the effective use of data are cornerstones of any improvement effort, from incremental changes to radical transformations, but it can be difficult to know where to begin. The workshop will explore how data can be used to drive the improvements we wish to see – setting up measurement systems that work, analyzing data to uncover new insights and monitoring improvements over time.

When: **January 25th, 2024 from 9:00AM-4:00PM PST**

Where: #201-750 Pender St W Vancouver BC

How: Registration required-

<https://healthqualitybc.ca/events/workshop-data-driven-improvement-jan-2024/>



Life Sciences BC's 5th Annual Career Connect Day 2024

Attention life sciences employers, post-secondary students, and job seekers!

We are pleased to announce the fifth annual Career Connect Day! This dynamic, full-day event brings together life sciences sector employers, along with current and future job seekers, to explore a world of opportunities.

When: **Friday, January 26, 2024 from 9:00AM-4:00PM PST**

Where: Vancouver Marriott Pinnacle
Downtown Hotel

How: Registration required-

<https://lifesciencesbc.ca/event/life-sciences-bcs-5th-annual-career-connect-day-2024/>



MONEY MATTERS

GRANT FUNDING OPPORTUNITIES

*see hyperlinks for each grant offering eligibility and criteria**

- The SSHRC Storytellers Challenge invites undergraduate and graduate students to tell the story, in three minutes or 300 words, about how SSHRC-funded research impacts our lives for a chance to receive a \$3000 prize. Contest entry deadline **Jan. 16 2024**.
- The Mourou-Strickland Mobility Program offers travel support with the aim of fostering research collaboration between France and Canada and encouraging the discovery of specific research and innovation ecosystems in both countries. Apply by **Feb. 4 2024**.
- NSERC: NSERC has partnered with France's Agence nationale de la recherche (ANR) to fund 1-3 year research projects in quantum science and technologies, specifically hardware and software, that advance Canada's National Quantum Strategy. Apply by **Mar. 28 2024**.
- Worksafe BC Applied Innovation Research Grant
- Worksafe BC Ralph McGinn Postdoctoral Fellowships
- SSHRC Partnership Engage Grants
Application deadline **March 15th, 2024**
- The Science Exposed contest invites researchers to share eye-catching images that showcase the work of our talented research community. Contest entry deadline **Jan. 30 2024**.
- The High Level Scientific Fellowship offers travel support for doctoral students and postdoctoral fellows to conduct research for two months in France in the areas of emerging technologies, health, ocean and polar sciences, and energy. Application deadline **Feb. 4 2024**.
- HEALTH RESEARCH BC
Health Professional-Investigator (HP-I) Program
- Burroughs Wellcome Fund: Next Gen
Pregnancy Initiative