



Evidence Matters Update



Connecting Research & Practice in Interior Health and Beyond March 2024

11th Annual Okanagan Embrace Aging Month

PROUDLY SUPPORTED BY



11th Annual Okanagan Embrace Aging Month

A Full Month of Free Events This March!

The Institute for Healthy Living and Chronic Disease Prevention is delighted to co-sponsor with Interior Savings Credit Union and Interior Health to bring the Annual Okanagan Embrace Aging month in March each year. Embrace Aging is a month long series of events to celebrate and raise awareness about positive aging in the Okanagan valley. The sessions are for everyone – young and old alike, and focus on a variety of topics related to healthy aging and ways to enhance quality of life among seniors.

View Calendar and Register for Events Now:

<https://www.okanaganembraceaging.com/>

WOMEN'S HEALTH RESEARCH INSTITUTE AT BC WOMEN'S



9th Annual Women's Health Research Symposium

When: Friday, March 8th, 2024 from 8am - 1pm PST

The Women's Health Research Institute (WHRI) presents the Annual Women's Health Research Symposium as both an in-person and virtual event. The theme of this year's event focuses on **Midlife Women's Health Research**, emphasizing the science of the menopausal journey and its health impacts. This event targets researchers, research trainees, clinicians, and other relevant groups, offering a platform for collaboration, research dissemination, and identifying future opportunities in women-focused health research.

Learn more and register now:

<https://ubccpd.ca/learn/learning-activities/course?eventtemplate=672-9th-annual-womens-health-research-symposium>

Strategy for Patient-Oriented Research



Putting Patients First 

Have your say: Help us improve patient-oriented research in Canada

CIHR and other SPOR partners are inviting you to share your perspectives on how to improve patient-oriented research in Canada through SPOR.

There are many ways you can share feedback until **March 31, 2024**.

- Join the Discussion Forum: Participate in a discussion on the key themes for SPOR's refresh. Post comments, ask questions, and interact with others.
- Share your Ideas for a New Name: Offer suggestions for an alternative to the "patient" in Strategy for Patient-Oriented Research.
- Drop a pin on the Map: Share where you're participating from!

Please see the website for link access: <https://letstalk-cihr.ca/spor-refresh>

FIVE DAYS IN
MAY
2024

Join us online every Thursday in May
to learn how research is transforming
health and care across the province!

02



Seniors
Health

09



Artificial
Intelligence

16



Mental
Health

23



Youth
Health

30



Indigenous
Health

www.islandhealth.ca/fivedays



Save the Date for 5 Days in May 2024!

2024 marks the twelfth year of Five Days in May, and is a collaboration between Fraser Health, Interior Health, Island Health and Northern Health, in partnership with the B.C. Network Environment for Indigenous Health Research (BC NEIHR). The events offered every Thursday during this month aspire to bring together researchers and students, patients and healthcare providers, decision-makers and members of the public to learn, with the intent to share ideas and spark innovation. These events are free and open to all!

More information about 5 Days in May, and past recordings, are available here: [Five Days in May | Island Health](https://www.islandhealth.ca/research-capacity-building/five-days-may)

<https://www.islandhealth.ca/research-capacity-building/five-days-may>



Silent Genomes: Economics of Precision Diagnosis in Indigenous Children

When: March 11, 2024 - 12:00pm to 1:00pm PST

Where: 700 - 828 W. 10 Ave., VGH Research Pavilion or Online via Zoom

Genomic testing is used to diagnose genetic causes of childhood rare diseases. Genomic testing benefits are not equitably distributed to Indigenous peoples because they are underrepresented in the variant libraries needed for results interpretation. Research-based whole-genome sequencing can provide additional diagnoses to Indigenous families. Translating whole-genome sequencing benefits into real-world clinical settings should aim for safe, valued, and accessible implementation, led by Indigenous voices. This talk will provide a brief overview of our Indigenous-partnered Silent Genomes project that looked at how to evolve economic approaches to understand the role of genomic testing to diagnose rare conditions in Indigenous children.

To learn more and register: <https://www.c2e2.ca/Spotlight/DeanRegier>



Joint Standing Committee on Rural Issues (JSC)



THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine
Division of Continuing Professional Development

Rural Rounds: Diagnosis and Management of Acute Stroke in the Rural Setting

When: Thursday, March 14, 2024, from 8am-9 am PST

Speaker: Dr. Philip Teal

Rural Rounds provides rural healthcare providers with up-to-date and relevant medical education through interactive Zoom presentations. If you practice or support rural communities in British Columbia, you are encouraged to join these engaging sessions! Learn more and register now:

<https://ubccpd.ca/learn/learning-activities/course?eventtemplate=691-rural-rounds-diagnosis-and-management-of-the-acute-stroke-in-the-rural-setting>



19 MARCH 2024 LGBTQ2SA+ ELDER ABUSE AWARENESS

Townhall & Book Launch

Come learn about the findings of recent research on LGBTQ2SA+ elder abuse conducted at SFU. Learn the experiences of LGBTQ2SA+ seniors who have told their stories in a new book *Elder Abuse in the LGBTQ2SA+ Community* (Robson, Marchbank, Gutman, Prentice, 2023). What's the latest from the Canadian Longitudinal Study on Aging? Presentations, readings, Q&A, information booths, refreshments. Free but please register for catering.



FACULTY OF ARTS
AND SOCIAL SCIENCES | DEPARTMENT OF GENDER
SEXUALITY AND WOMEN'S STUDIES



**New research &
implications for
practice**

**Learn how to
recognize elder
abuse**

Meet the authors

**Learn what is unique
to elder abuse for
LGBTQ2SA+**

**Open to all, free but
need to reserve on
Eventbrite link:**

<https://www.eventbrite.ca/e/lgbtq2sa-elder-abuse-awareness-tickets-847602691467>

LGBTQ2SA+ Elder Abuse Awareness Townhall and Book Launch

When: March 19th, 2024 2:00pm - 4:00pm

Where: Kelowna Downtown Library: 1380 Ellis Street

What: Come learn about the findings of recent research on LGBTQ2SA+ elder abuse conducted at SFU. Learn the experiences of LGBTQ2SA+ seniors who have told their stories in a new book *Elder Abuse in the LGBTQ2SA+ Community* (Robson, Marchbank, Gutman, Prentice, 2023). What's the latest from the Canadian Longitudinal Study on Aging? Presentations, readings, Q&A, information booths, refreshments.

Free but please register for catering.

How: To register, please visit:

<https://www.eventbrite.ca/e/lgbtq2sa-elder-abuse-awareness-tickets-847602691467>

VENUE DETAILS

Classroom 1

Kelowna Downtown Library
1380 Ellis St, Kelowna

19 March 2024

2-4pm



Point phone camera at box on left to register



Indigenous Peoples' experiences and realities within the Canadian Healthcare system: What's the impact on health outcomes?

When: Thursday, March 21st, 2024, from 11am – 12pm PST

Where: Online via Zoom **free and open to all**

Indigenous peoples have consistently faced health inequities in the Canadian Healthcare system, which have contributed to poorer outcomes. This disparity is still a reality for many Indigenous peoples seeking care. It is important to understand how systemic racism and stereotypes influence the care they receive today. The SBME Indigenous Engagement Committee in collaboration with the UBC Learning Circle will be hosting Indigenous speakers from different backgrounds to share the realities of their experiences in the Canadian Healthcare system. The goal for this panel is to help spread awareness of existing issues in the healthcare system and discuss actionable steps we can all take towards minimizing the health inequities within the Canadian Healthcare system.

Learn more and register now:

https://ubc.zoom.us/webinar/register/WN_z22mWXBtQdaT3Ccgj3RCog#/registration



Government
of Canada

Gouvernement
du Canada

Seeking new members for Indigenous Leadership Circle in Research

Canada's three federal research funding agencies—the Canadian Institutes of Health Research, the Natural Sciences and Engineering Research Council and SSHRC—and the Canada Foundation for Innovation are seeking expressions of interest from First Nations, Inuit and Métis Peoples to participate in the Indigenous Leadership Circle in Research.

The **deadline for applications is March 31, 2024.**

Learn more about the application process including requirements, please visit :

<https://www.canada.ca/en/research-coordinating-committee/news/2023/10/seeking-new-members-for-indigenous-leadership-circle-in-research.html>



Premature Heart Disease:

**Who is at risk, how to get screened,
and preventative measures.**

Join us for an enlightening evening dedicated to empowering you with knowledge about heart health. The forum will feature experts and patients from SAVE BC who are passionate about early detection and prevention of cardiovascular disease.

Snacks & refreshments provided.

Register for in person or virtual attendance:



Questions? Email ClinicalResearchKGH@interiorhealth.ca

Early Detection Could Save Your Life: KGH Foundation Announces SAVE BC Forum to Advance Heart Health Awareness

When: April 16, 2024 5:00pm - 7:00pm

Where: Kelowna Downtown Library: 1380 Ellis Street

What: Join an enlightening evening dedicated to knowledge about heart health. The forum will feature experts and patients from SAVEBC who are passionate about early detection and prevention of cardiovascular disease.

Who: *Free and open to all!*

Snacks and Refreshments will be provided.

How: To register for the forum, please visit:

<https://www.kghfoundation.com/save-bc/>

MONEY MATTERS

GRANT FUNDING OPPORTUNITIES

*see hyperlinks for each grant offering eligibility and criteria**

- SSHRC Partnership Engage Grants
Application deadline **March 15th, 2024**
- NSERC Apply by **Mar. 28 2024.**
- Green Labs Fund: All UBC staff, faculty and students are eligible to apply. Applications must be submitted by **Sunday, March 17, 2024.**
- Health Research BC-MITACS Industry-based Program
- CCS Health Equity Research Grants
- Rural Physician Research Grant Program
- Rural Global Health Partnership Initiative

