



Interior Health



Evidence Matters Update

Connecting Research & Practice in Interior Health and Beyond

March 2025



IH RESEARCH WEEK 2025
MAY 6-9

Interior Health
Health Research BC
BC CAN CER
Interior Centre






Contact: research@interiorhealth.ca

IH Research Week 2025
REGISTRATION NOW OPEN!

Happening **May 6-9**, **IH Research Week 2025** is hosted by Interior Health, BC SUPPORT Unit Interior Centre, and in partnership with *BC Cancer Clinical Trials!*
All events are online, FREE, and open to everyone!
Register now to save your spot: <https://www.interiorhealth.ca/about-ih/research/events-news-and-resources>

- Tuesday, May 6th, 1:00PM -3:00PM PST**
Indigenous-led Health Research: Knowledge, Understandings, and Wisdom
Presentations:
- Welcome! Words of Wisdom and Prayer
 - A Perinatal Collaborative Community Laboratory on Substance Use and Harm Reduction: The Mothering Co/Lab
 - Reconnecting Roots, Rebuilding Nations
- Wednesday, May 7th, 1:00PM-2:30PM PST**
Building Bridges to Barriers in Clinical Research: Landscape and Learnings
Presentations:
- TBA
 - The Study to Avoid cardioVascular Events in British Columbia (SAVE BC)
- Thursday, May 8th, 1:00PM-2:30PM PST**
Women's Health in Mid-Life and Menopause: Story's Shared and Paths Forward
Presentations:
- HER-BC: Health and Economics Research on Midlife Women in BC – Women's Health Research Institute
 - Transforming Menopause Research: In Vitro Models, Bioengineering, and Future Therapies
- Friday, May 9th, 1:00PM-2:30PM PST**
Indigenous Cultural Safety in Clinical Trials and Closing Reflections
Presentation:
- Indigenous Cultural Safety (ICS) in Clinical Trials: Trust - Both a Barrier and Tool in Accessing Clinical Trials


Watch our webpage for updates over the coming weeks!



UBC Learning Circle
First Nations Health Authority
THE UNIVERSITY OF BRITISH COLUMBIA
Centre for Excellence in Indigenous Health

Daylighting 7 Colonial Knots in COVID-19 Pandemic Response: Doing Our Homework with the BC Office of the Provincial Health Officer


Date: **Tuesday, April 22nd, 2025**
Time: 10:00am - 11:30am PST
Where: Free online via Zoom!
Description: In partnership with the BC Office of the Provincial Health Officer (OPHO), the Unlearning & Undoing White Supremacy and Indigenous-specific Racism Lab for population and public health (U&U Lab) undertook a 360° review of the OPHO's COVID-19 response through the lens of Indigenous rights, truth, and reconciliation. Though uncomfortable, sharing these truths is essential to upholding our commitment to eradicating Indigenous-specific racism and upholding the inherent rights of Indigenous peoples in future public health emergencies.
Register Now:
https://ubc.zoom.us/webinar/register/WN_TE_NxsShTRUu_MZB3bgu-Tw#/registration



HQC
HEALTH QUALITY BC

Clinician Fellowship in Health Care Quality

The Clinician Fellowship in Health Care Quality program supports the development of clinician leaders as part of our mandate to build capability and expertise for patient safety and quality within BC's health-care system. It develops the leadership skills required to improve the quality of care while fostering a growing network of leaders to further promote a culture of improvement throughout the system.
Who Should Apply?
The fellowship program is open to physicians and nurse practitioners that are practicing in BC and is best suited for early-career clinicians with a demonstrated interest in improving the quality of care. Ideal applicants will have some understanding and involvement in improvement initiatives and/or formal training in quality improvement through programs such as the Clinician Quality Academy, Physician Quality Improvement or IHI Improvement Advisor initiatives. Candidates with a strong interest in leading large-scale initiatives to improve the quality of care are encouraged to apply.
How do I apply?
To apply, please submit the application form by **May 1, 2025 11:59pm PST**.
Learn more:
<https://healthqualitybc.ca/sharpen-your-skills/clinician-fellowship-in-health-care-quality/>



Rural Coordination Centre
OF BRITISH COLUMBIA

2025 BC Rural Health Conference

Happening June 6-8, 2025, in Prince George!!
You are invited to the BC Rural Health Conference, taking place June 6–8, 2025, in Prince George, BC. This annual gathering goes beyond professional development—it's about building connections and celebrating the spirit of rural healthcare.
Event Highlights:

- All-new format! This year's schedule includes a full day of hands-on workshops and an expanded lineup of rapid-fire lectures—offering more ways to stay current on emerging trends in rural and family medicine
- Celebrate the BC Rural Health Awards
- Enjoy wellness activities, outdoor excursions, supervised childcare and more
- Connect and network with rural peers from across BC and beyond
- Pre-conference courses include: The CARE Course, CASTED: Emergency and myoActivation

View the program and register at <https://www.bcrhc.ca/>




RECHERCHE EN SANTE MENTALE CANADA
MENTAL HEALTH RESEARCH CANADA

MHRC CALL FOR STUDENTSHIPS

Coming Soon April/May 2025

Apply for the upcoming Mental Health Research Canada (MHRC) workplace mental health research studentship, made possible through generous support from iA Financial Group and Mitacs.
Prioritizing workplace mental health is not just about reducing absenteeism or turnover; it's about fostering a culture of empathy, inclusivity, and resilience. By acknowledging the importance of mental health, we can break down stigmas, provide support, and create an environment where everyone can thrive.
MHRC is excited to bring forth a unique opportunity that stands at the crossroads of scholarly research and workplace well-being.
MHRC, in partnership with iA Financial Group and Mitacs, is pleased to announce call for submissions for **\$15,000 studentships** with a focus on workplace mental health in Canada. If you are an early career researcher who wants to use your skills to advance workplace mental health through research, they'd like to hear from you!
Learn more: <https://www.mhrc.ca/studentships-fellowship-open>



Search the IH PubHub

Interior Health Publications Hub (IH PubHub) is a searchable bibliographic database of published material created by Interior Health staff and/or physicians. It is designed to index, share, and celebrate the scholarly output of our research community.

ARTICLE OF THE MONTH


Take-home drug checking as a novel harm reduction strategy in British Columbia, Canada.
<https://interiorhealth.soutronglobal.net/Portal/Default/en-US/RecordView/Index/7880>

MONEY MATTERS

GRANT FUNDING OPPORTUNITIES

*see hyperlinks for each grant offering eligibility and criteria**

- NSERC Alliance Advantage
- NSERC Alliance-Mitacs Accelerate Grants
- SSHRC Partnership Engage Grants
- UBC Clinician Scholar Program
- WorkSafeBC Research Grant Opportunities




FIVE DAYS IN
5 MAY 2025
02 09 16 23 30

Health Research BC
BC SUPPORT Unit
northern health
interior health
island health
hastate

5 Days in May 2025

It's April, and that means Five Days in May is just around the corner!
B.C.'s health research showcase is designed to **educate, inform, inspire, stimulate and transform.**
Every year, we bring together researchers and students, patients and healthcare providers, decision-makers and community members to learn, share ideas, and spark innovation.
This May, stay tuned for a smorgasbord of events on adopting AI in clinical settings, building community through arts-based research, chronic disease prevention, Indigenous health research, and more.

- All events will take place over Zoom
- All events are free and open to everyone
- Save the dates for **Friday May 2, 9, 16, 23, and 30**, plus a few **extra** events in between
- This year's events are a collaboration between the BC SUPPORT Unit, BC NEIHR (Network Environment for Indigenous Health Research), and Fraser, Interior, Island and Northern Health.
- Watch the webpage for updates: <https://www.islandhealth.ca/research-capacity-building/five-days-may>



Strategy for Patient-Oriented Research
SPOR
Putting Patients First

Pathways to Impact: Refreshing Canada's Strategy for Patient-Oriented Research (SPOR) March 2025

Since its inception in 2011, Canada's Strategy for Patient-Oriented Research (SPOR) has worked to embed the priorities of people and communities into health research, and to embed patient-oriented research evidence into policy and practice, to improve health experiences and outcomes. Recognizing that much has changed in our health systems and health research ecosystem, CIHR and SPOR partners conducted a pan-Canadian engagement in 2023-24 to invite feedback on what is working well and what might need to change to ensure that the SPOR research investment is aligned with evolving health system and health research realities while reflecting the priorities of people and communities with lived experience, researchers, and health system decision makers.
Read the report here:
https://www.naphro.ca/_files/ugd/d0d71f_37c36ee099b940e994dd381cffe4c304.pdf




BRIDGING RESEARCH & ACTION
Catalyzing collaboration to bring knowledge into action across BC

May 15-16, 2025
In-person and virtual concurrently in Kelowna (Nechako Gathering, UBC Okanagan Campus) & Vancouver (The Nest, UBC Point Grey Campus)
A free two-day event hosted by UBC Health Event Overview
Building on the calls to action established through UBC Health-hosted dialogue events (2021-2024), *Bridging Research and Action* will connect partners from across BC's health system to explore how research insights can be translated through dialogue into actionable strategies to improve health across the province. This event will bring together diverse perspectives and sectors to catalyze the integration of research and innovation into practice and develop shared aims for implementation.
Why Attend?
During this two-day event, we will:

- **Showcase Interdisciplinary Health Research and Innovations:** Learning from current research, innovations and impact will guide discussions about how to mobilize knowledge and implement approaches to develop transformative solutions across disciplines and sectors.
- **Facilitate Connection and Dialogue:** Participants will engage in dynamic panels, interactive workshops, and working groups to tackle complex health challenges, co-create actionable strategies, and catalyze cross-campus and sector partnerships.
- **Build Collaborations and Drive Change:** The event aims to foster collaborations between researchers, healthcare providers, policymakers, practitioners, and community members to establish shared goals and leave with actionable opportunities to integrate results from research into practice.

Who Should Attend?
This event welcomes healthcare providers, health administrators, health researchers, policymakers, patient and community partners and other interest holders committed to bridging the knowledge-to-action gap in BC. UBC Health aims to ensure the engagement of diverse interest holders across the province with in-person sessions at both the UBC Vancouver and UBC Okanagan campuses, as well as opportunities to connect virtually.
Event Schedule:
<https://event.fourwaves.com/bridgingresearchandaction/pages>
Register Now:
<https://event.fourwaves.com/bridgingresearchandaction/registration>



UBC THE UNIVERSITY OF BRITISH COLUMBIA

CALL FOR ABSTRACTS


UBCO Diabetes & Obesity Research Day 2025

Join the 6th UBCO Diabetes Research Day to be held in-person on May 29, 2025 in Kelowna, British Columbia.
This academic research conference provides an opportunity for UBC Okanagan and UBC Vancouver faculty members, their trainees, and our community partners to exchange scientific information and ideas, and to assist in the development of collaborative diabetes and obesity research activities. Kelowna has been host to this inter provincial meeting since 2018.
This event is open to all University of British Columbia, BCDNR members, their trainees, faculty and other British Columbia universities (i.e., Simon Fraser University, University of Victoria, University of Northern British Columbia) may also attend. Register today as space is limited and registration closes May 14.
Registration now open:
<https://event.fourwaves.com/dord2025/pages>

CALL FOR PROPOSALS

Pritchard Graduate Student Grant Program

The 2025 Pritchard Graduate Student Grant Program call for proposals is sponsored by the Office of Research and Innovation at UBC Okanagan.
Pritchard Fellowships will provide stipends for UBC Okanagan graduate students undertaking research projects that are conducted in partnership with clinical collaborators in the Okanagan region. Made possible by The Colin & Lois Pritchard Foundation Student Enhancement Endowment Fund, the goal of the program is to strengthen collaborative research activity between UBC Okanagan, Interior Health and BC Cancer (Kelowna) through shared research projects.
Applications must articulate the student's role in the project, how the clinical collaborator will be involved, and how the project supports and strengthens collaborative research between the organizations. Refer to additional details in the 2025 Pritchard Program Terms.
Each fellowship is valued at \$12,000 over two years, or \$24,000 total.
Applications must be submitted using the online grant application portal UBCO VPRI APPLY (<https://apply.research.ok.ubc.ca>) before **June 23, 2025 (11:59pm)**.
Learn more: <https://research.ok.ubc.ca/funding-support/internal-funding/#pritchard>
Questions can be directed to Internal Programs Manager, Nicole Bennett (nicole.bennett@ubc.ca).



UNBC UNIVERSITY OF NORTHERN BRITISH COLUMBIA

2025 Northern BC Research and Quality Conference

Born from a Northern Health and UNBC partnership, this conference is a forum enhanced with resources and skill development workshops to share health and health services research, evaluation, evidence-based practice and quality improvement initiatives in the North. It has been designed to profile Northern BC research, evaluation, and quality initiatives and will provide formal learning as well as informal opportunities for participants to learn from each other.
Theme: Strengthening Health Through Collaboration and Partnerships in the North
Pre-Conference Workshops: **October 22, 2025**
Conference Date: **October 23, 2025**
Location: Courtyard by Marriott, Prince George
Learn more: <https://www.unbc.ca/health-research-institute/northern-bc-research-and-quality-conference>