

Evidence Matters Update

Connecting Research & Practice in Interior Health and beyond!

Winter 2025



On behalf of the Interior Health Research Department and the BC SUPPORT Unit Interior Centre, we wish you and your loved ones a happy, healthy, and safe holiday season. Thank you for being part of the Evidence Matters community—we look forward to reconnecting in the new year!



In Plain Sight Response—Annual Update

Nov. 30 marked five years since the release of the In Plain Sight: Addressing Indigenous-specific Racism and Discrimination in B.C. Health Care report.

The 2020 investigation found extensive examples of racism and discrimination against Indigenous patients and resulted in the In Plain Sight (IPS) Report – the [full report](#) and a [data report](#) – published in November 2020 and February 2021 respectively. IPS made 24 recommendations to be implemented within and integrated into the B.C. health-care system in response to Indigenous racism.

This **fifth** IH [In Plain Sight Response Report](#) takes a deeper look at what has been learned and where change must be strengthened.

Read more about how racism & discrimination are being addressed in Interior Health: [Indigenous Health & Wellness | IH](#)



Registration Open for [Putting Patients First 2026](#)

Putting Patients First (PPF) is an annual conference hosted by the BC SUPPORT Unit, part of Michael Smith Health Research BC. **All are welcome to attend free of charge.**

- **When:** Tuesday March 3, 2026 | All day
- **Who:** All are welcome to attend, free of charge.
- **Where:** Virtual and in-person in Vancouver ([Vancouver Marriott Pinnacle Downtown Hotel](#), 1128 W Hastings St, Vancouver, BC)
- **How:** [Register now](#)

PPF 2026 will continue provincial discussions on learning communities and learning health systems. When we bring the right people together to solve a shared health problem, we can make meaningful, lasting changes in BC's health and health research system. **We hope to see you there!!**

Research Study Seeking Public Health Nurses

Are you a Registered Nurse or Nurse Practitioner who uses **digital technologies in perinatal Home or Family Visiting Programs** from across Canada? There's a qualitative research study—led by Dr. Charlene Ronquillo (charlene.ronquillo@ubc.ca) and Andrea Burrows from the School of Nursing at UBC, Okanagan—that is seeking your voice for a minimum 1 interview or focus group 45-90 minutes via Zoom. Receive a \$100 gift card for your time.

Interested? Complete a short survey [Nurses and Early Years Home Visiting Program Research Study](#) or contact Andrea.Burrows@ubc.ca



Publication Alert for the Community-Led Action for Resiliency Important Throughout Youth (CLARITY) Project

The CLARITY project is a **community-driven initiative**, building resilience among the youth to prevent suicide. CLARITY challenges conventional perspectives of suicide, commonly conceptualized as an isolated and person-level problem, by emphasizing the impact of systems, structures, spaces, and relationships on the well-being of young people. The project actively engages the community, tapping into their lived and layered experiences to inform interventions that go beyond individual-level solutions. Learn more: <https://www.equityscience.ca/the-clarity-project>

The latest CLARITY publication is officially out and open access: **'Resilience is action taken together': Results of a dialogue-based study on community factors shaping resilience in the context of youth suicide prevention.** This publication anchors CLARITY's core resilience framework — belonging, connection, and social climate — and Table 1 in the paper offers an accessible summary of these three community-level concepts.

Coming Soon: two manuscripts currently under review (one on the World Café and community-driven directions, and one on the ROYC Partnership Charter), and another nearly ready to submit outlining our vision for CLARITY 2.0 — a research and knowledge-mobilization hub to build youth capacity for civic engagement and public influence.



RCCbc Nominations for the 2026 BC Rural Health Awards are now open!

The BC Rural Health Awards honour rural physicians, communities and residents for their inspiring contributions to improving rural health across BC.

Do you know a rural physician who has dedicated their career to improving care in their community? Are you a resident who advocates for sustained interest in rural and remote medicine in BC? Or is there a rural BC community being recognized for the work being done to support local rural healthcare service delivery?

Nominate them for a BC Rural Health Award:

- [Rural BC Community Award](#)
- [Award of Excellence in Rural Medicine: Lifetime Achievement](#)
- [Resident Leadership Award](#)

We invite you to nominate exceptional colleagues, mentors, peers, and communities for recognition, and for residents to share the impact of their experience in rural and remote health.

Award winners will be recognized on May 29-31, 2026, at the [BC Rural Health Conference](#) in Prince George, BC.



Applications Now Open for the Health Quality BC Quality Academy

Applications are now open to participate in Quality Academy starting in April 2026! For more than a decade, Quality Academy has supported health care professionals from across the province to strengthen their ability to lead meaningful change. With over 800 alumni, the community continues to grow, bringing new leaders and new ideas to improving care every day.

Delivered over a six-month period, Quality Academy consists of three in-person residency sessions and a mix of online classes and learning activities. During your time in the program, you will apply new skills and knowledge to lead improvement projects, learn from expert instructors, and pair up with mentors for individual coaching and support. You'll also have the opportunity to work on a sponsored project from your organization that addresses one or more dimensions of quality, based on the [Health Quality Matrix](#).

New this year, program registration costs (\$5500 + tax) will include tuition and travel (flights/km and hotels) for the three in-person residencies held throughout the province. This shift in our fee structure reflects our commitment to ensuring equitable access to HQBC learning programs no matter where participants live in the province.

You can find more information and [apply on our website](#). Applications will be accepted until **February 2, 2026**. Quality Academy is open to anyone working to improve the health and well-being of people and communities through health care, community programs or related initiatives.

Attend an Upcoming Information Session

If you want to learn more about Quality Academy, we will be hosting two information sessions which you can register for below.

[January 16, 2026 | 1200-1245 PT | Online \(Zoom\)](#)

[January 21, 2026 | 1200-1245 PT | Online \(Zoom\)](#)

Apply Today for the APPLAUD Action Series

Primary care teams are uniquely positioned to support patients with Alcohol Use Disorder (AUD).

Improved patient outcomes can be made with early interventions for people with AUD. And with more people meeting the criteria for higher-risk use, now is the time to take action. AUD care practices are easy to learn, simple to do and they make a big difference for patients.

We have partnered with the Canadian Alcohol Use Disorder Society to launch the third iteration of the Approaches and Pharmacotherapies for Patients Living with AUD (APPLAUD) Action Series, now open to primary care teams in BC and Alberta!

Funding to participate is available for clinicians and medical office assistants. The deadline to register is January 23, 2026. For questions, email substanceuse@healthqualitybc.ca



THE UNIVERSITY
OF BRITISH COLUMBIA

Registration Open for Voices for Health Equity

We're excited to announce that registration is now open for Voices for Health Equity—a UBC Health and Public Scholars Initiative event presented by UBC Connects at Robson Square!

When: Thursday, February 26, 2026 | 1:00 PM – 4:30 PM

Where: UBC Robson Square

How: Register here- <https://shorturl.at/eMPON>

This event is a unique opportunity to connect with scholars, community partners and leaders who are advancing meaningful change in health equity. Through insightful presentations, interactive dialogue and networking opportunities, it provides a platform to raise awareness about critical health equity issues, highlight interdisciplinary approaches and inspire collaborative solutions for a more equitable future.

Whether you're deeply engaged in health equity work or simply curious to learn more, this event offers an opportunity to connect with others committed to building a healthier, more just future.

Check out the event website and stay tuned for program updates and speaker highlights:

<https://shorturl.at/jzUEK>

UBC Faculty of Medicine's Summer Student Research Program (SSRP) is now accepting applications!

The deadline to submit student-supervisor applications is Friday February 13, 2026 at 3pm PST.

The SSRP is a competition open to MD (Years 1 and 3) and non-MD undergraduate students registered at UBC. It provides funding for a summer research project supervised by a member of the Faculty of Medicine (FoM). Funding of up to \$3200 is provided in the form of a student stipend; supervisors are responsible for all other expenses. Applications are submitted by student-supervisor teams. To be eligible, supervisors must have a current faculty appointment (instructor or higher, including clinical) in the FoM at UBC. This includes affiliate FoM appointments.

For application eligibility, instructions, funding details, forms, dates, and FAQ, please see the [FoM SSRP website](#). If you have any questions, please email fom.ssrp@ubc.ca.



IH PubHub Featured Article

Interior Health Publications Hub ([IH PubHub](#)) is a searchable bibliographic database of published material created by Interior Health staff and/or physicians. It is designed to index, share, and celebrate the scholarly output of our research community.

Featured Article Citation: Probyn, L., Najeeb, U., Hanneman, K., Farnquist, B., Chan, D.K., & Yan, C. (2025). A closer look at academic and community radiology practice in Canada. *Current Problems in Diagnostic Radiology*, 54(6), 715-718. <https://doi.org/10.1067/j.cpradiol.2025.09.011>

Webinars:

December 17, 2025 (3-4 pm PT) [Osteoarthritis: Myth Busting and Truth Telling](#) | Toronto Public Library and Women's College Hospital

December 18, 2025 (8-9am PT) [Enhancing Postpartum Resilience: Standardized Screening and Psychological Support Following Distressing Birth Experiences](#) | University of British Columbia (UBC)

January 8, 2025 (8-9am PT) [DEI in Healthcare series: Bias in Healthcare \(with a focus on reproductive health\)](#) | UBC

January 12, 2025 (9-10am PT) [Creating Awareness and Understanding of the Reproductive Transition on Women's Health](#) | Women's Health Research Cluster

January 14, 2026 (12-1pm PT) [Quality Café: BRAIDing Trust: Building HPV Vaccine Confidence through Community Conversations](#) | Health Quality BC

January 14, 2026 (12-3pm PT) [We Are the Change We Seek: Leading Indigenous Health in British Columbia - Respectful Environments, Equity, Diversity & Inclusion](#) | UBC Faculty of Medicine's Office of Respectful Environments, Equity, Diversity & Inclusion (REDI)

January 19, 2026 (12-1pm PT) [Health Care Applications with Natural Language Processing](#) | C2E2 Spotlight

January 26, 2026 (5-7:30pm PT) [Engaging Values, Shifting Culture: Evidence-Based Approaches to Frame Messages that Inspire Enduring Change - Respectful Environments, Equity, Diversity & Inclusion](#) | UBC Faculty of Medicine's Office of Respectful Environments, Equity, Diversity & Inclusion (REDI)
January 27, 2026 (12-1pm PT) [ASK US: 'That was Then, This is Now' - Health Research BC](#) | Clinical Trials British Columbia

Conferences, Training, and Workshops:

September 2025 -June 2026 [Education Calendar 2025-2026 Upcoming research workshops](#) | Fraser Health

February 26, 2026 (1-4:30pm PT) [Voices for Health Equity - Community Engagement](#) | UBC

March 4-5, 2026 [CCDI UnConference](#) | [DéConférence CCDI - 2026](#) | Canadian Centre for Diversity and Inclusion (CCDI)

March 3, 2026 [Putting Patients First 2026](#) | BC SUPPORT Unit

March 12-13, 2026 [2026 CHSPR Health Policy Conference](#) | UBC Centre for Health Services and Policy Research (CHSPR)

August 4-7, 2026 [TUFH 2026](#) | [TUFH Conference 2026 Philippines](#) | The Network: Towards Unity for Health (TUFH), and the University of the Philippines Manila.

**Please note: As part of our IH-wide budget management planning, VP approval is required for all external education/conference opportunities.*

Funding

- [Policy Spark Research Grant Program](#) Deadline: January 2, 2026.
- [Destination Horizon Grants](#) Deadline: January 22, 2026.
- [2026 International Joint Initiative for Research Harnessing Disruptive Technologies to Address Global Challenges](#) TBA (anticipated January 2026 launch).
- [CFI – 2027 Innovation Fund](#): See UBC institutional deadlines for procedures.
- [CFI – John R. Evans Leaders Fund February 2026](#) Competition Deadline: February 17, 2026.
- [CFI – John R. Evans Leaders Fund June 2026](#) Competition NOI Deadline: February 23, 2026.
- [CIHR – Project Grant](#) Registration Deadline: February 2, 2026.
- [NSERC – G7 Countries Alliance International Catalyst Quantum Grants](#) RPIF Deadline: January 2, 2026.
- [NSERC – Alliance International Catalyst Quantum Grants](#) RPIF Deadline: January 2, 2026.
- [NSERC – Idea to Innovation](#) RPIF Deadline: January 2, 2026.
- [SSHRC – Partnership Engage Grants](#) RPIF Deadline: December 8, 2025.
- [SSHRC – Destination Horizon](#) Internal Competition Deadline: January 6, 2026. Sponsor Deadline: January 22, 2026.
- [SSHRC – Partnership Grant Stage 1](#) RPIF Deadline: February 3, 2026.
- [SSHRC – Insight Development Grants](#) RPIF Deadline: January 26, 2026.
- [Mitacs – Globalink Research Award](#) Deadline: January 30, 2026.
- [Health Research BC-Mitacs Industry-Based Opportunity](#) LOI Deadline: December 31, 2025. Full Application Deadline: January 31, 2026.
- [Michael Smith HRBC – Research Trainee Awards](#) RPIF Deadline: January 22, 2026.
- [Advancing Groundbreaking Research in Alzheimer's and Parkinson's Diseases Team Award - Health Research BC](#) LOI Open January 5, 2026.
- **Ongoing Opportunities:** [CIHR Operating Grants & Team Grants](#); [NSERC Alliance Grants](#); [NSERC Alliance-Mitacs Accelerate Grants](#); [PICS University Climate Knowledge Mobilization Events](#) (until funds exhausted).

Want to join the email distribution list? Have something to share?

Connect With Us! research@interiorhealth.ca