



Indigenous Self-Identification

Your Identity. Your Choice. Your Care.

Fast facts about Indigenous Self-Identification at Interior Health

At Interior Health, we are committed to providing culturally safe, person-centered care. When you access Interior Health services, we invite you to voluntarily and confidentially, state if you self-identify as First Nations, Métis, or Inuit. Self-identification is based on how you define your Indigenous identity and proof is not required.

Who is being asked?

Every person accessing care is asked if they self-identify as First Nations, Métis, or Inuit. No assumptions are made about anyone's identity.

How might I benefit from self-identification?

Your response will help us offer access to culturally relevant resources and Indigenous-specific supports like an Indigenous Patient Navigator.

Do I have to answer?

No, you do not have to answer. Participation is completely voluntary and will not affect the care you receive.

What happens if I say yes?

Your response will be recorded on your electronic health record and kept confidential. We can help connect you with Indigenous-specific resources and services, if you wish.



Interior Health

To learn more about
Indigenous Self-Identification visit:
www.interiorhealth.ca/indigenous

