

Hand Hygiene for Construction, Renovation and Maintenance

WHY?

Hand hygiene is considered the most important and effective infection prevention and control measure to prevent the spread of Healthcare Associated Infections.

Eighty percent of common infections are spread by dirty hands. Think about the things you have touched today...germs can stay alive on surfaces for a long period of time.



WHEN?

Before:

- Entering a facility, unit, patient room, or service room.
- Glove use.
- Eating.

After:

- Exiting a patient room, unit, facility, service room, construction area.
- Glove use.
- Contact with soiled equipment.
- Using the toilet.
- Anytime your hands are visibly dirty (dry wall dust, paint, grime, etc.)

HOW?

Alcohol Based Hand Rub (ABHR) - Quick and Easy

Press one full pump in the palm of your hand, rub hands together, do not forget the back of hands, between fingers, thumbs, and wrists. Rub until dry.

Soap and Water (For Visibly Dirty Hands)

Wet hands with warm water, apply soap (1-2 squirts). Lather for 15 seconds, do not forget the back of your hands, between fingers, thumbs, and wrists. Rinse well. Pat dry with paper towel. Use paper towel to turn off taps. Use lotion to prevent dryness.

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