

Hypertrophic Cardiomyopathy (HCM) Clinic

Patient Information • Kelowna General Hospital (KGH)

www.interiorhealth.ca

Appointment: Date _____

Time _____

Location: Kelowna General Hospital (KGH)
Dr. Walter Anderson Building
2nd floor

Questions: Call 250-980-1456

What is Hypertrophic Cardiomyopathy?

Your specialist provider will refer you to the Hypertrophic Cardiomyopathy Clinic (HCMC).

Hypertrophic Cardiomyopathy is a genetic heart condition that causes thickening of the heart muscle, particularly the lower chambers of the heart (ventricles). The thickened heart muscle makes it more difficult for the heart to pump blood. It can lead to symptoms of exertional chest pain, shortness of breath, or dizziness. In addition, this disease can disrupt electrical signals within the heart leading to different types of arrhythmias, some of which can be life threatening.

Hypertrophic Cardiomyopathy Clinic

The HCMC for Interior Health Authority is located within the Heart Function Clinic at the Dr. Walter Anderson Building.

The Clinic provides multidisciplinary (Cardiologist, Nurse Practitioner, and Registered Nurse) patient care assessment, diagnosis, treatment, and follow-up for patients suspected of HCM.

A Clinic team member will contact you to schedule your appointment and inform you if any further tests that may be required before your appointment.

Preparing for your appointment

- Take your usual medications unless Clinic Staff have other medication instruction(s).
- Ensure you have your B.C. Health care card.
- Please bring all your medications in their original bottles. This includes prescription and nonprescription drugs (vitamins and herbal products).
- If you are unable to keep your appointment for any reason, please notify the Clinic.
- Bring completed Questionnaire.

Getting to the Clinic

The HCMC is located within the Heart Function Clinic on the second floor in the Dr. Walter Anderson Building. A map, on the reverse of this page, will assist you to locate the HCMC.

If you are coming to the clinic from KGH, you may use the Pandosy Skywalk on the 3rd Floor of the KGH Centennial Building to walk over to the Dr. Walter Anderson Building. You may also ask for directions at the KGH Main Lobby Information Desk. The map will also provide parking information.

Parking may not be available next to the Dr. Walter Anderson Building. Allow extra time before your appointment to travel from the parking area to the Clinic.

Office Hours

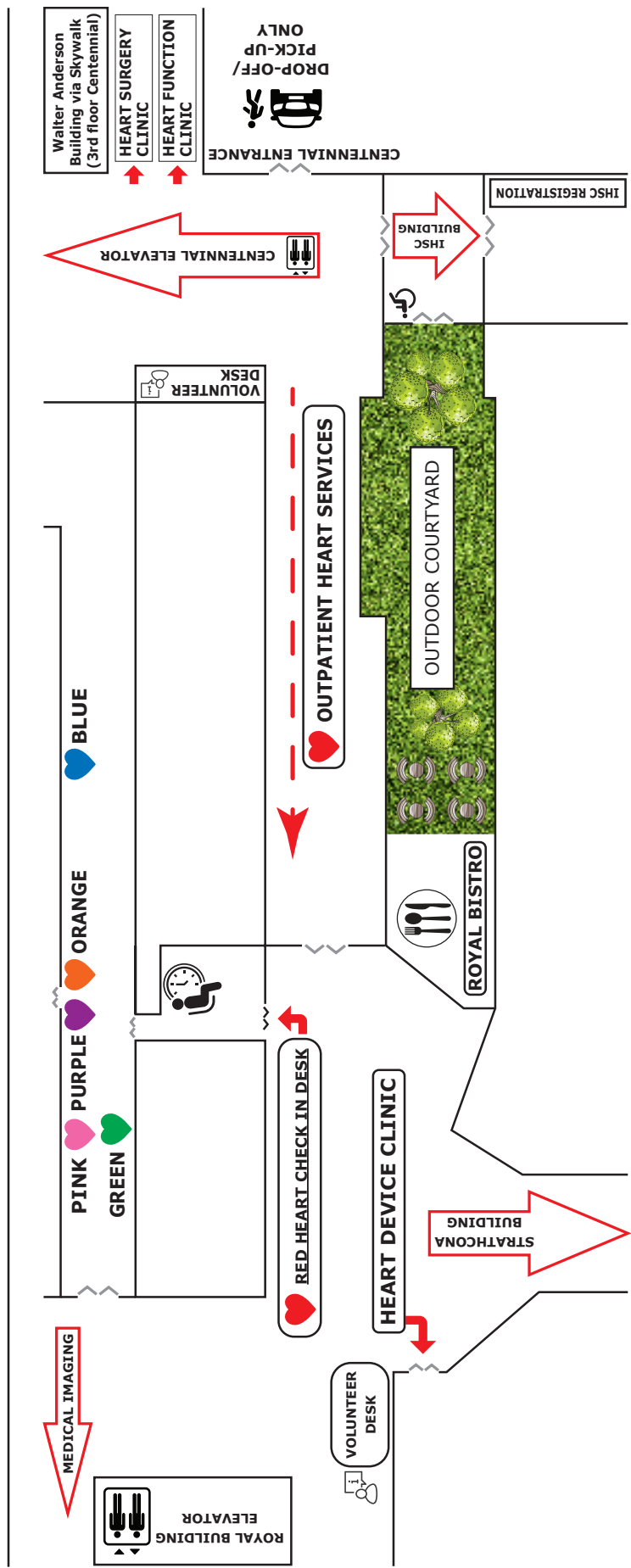
Monday – Friday, 8 a.m. – 4 p.m. Closed weekends and statutory holidays

Phone: 250-980-1456 Fax: 250-982-1509


more information on other side →






Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		

Hypertrophic Cardiomyopathy (HCM) Clinic (continued)



LEGEND

 (Red Heart) Check-In Desk for the following services:

-  * (Orange Heart) Catheterization, T.A.V.I, & Electrophysiology
-  (Blue Heart) Echo
-  (Green Heart) R.A.C.E
-  (Pink Heart) Heart Rhythm
-  (Purple Heart) ECG/Holter