



APRIL 2022

DASH BC UPDATES

Teaching and Learning

Educational Spring Fling Conference

The 18th Annual [Spring Fling Educational Conference](#) will be hosted through Prince George Secondary School as an online event on April 29, 2022. This conference strives to emphasize connections between educators, and connections to the ongoing inquiry that occurs in classrooms and schools. Rebecca will be presenting DASH's Outdoor Classroom Workshop titled *Take Your Classroom Outside!* from 1:00-2:30pm PST. For more information, email Rebecca at rkennedy@dashbc.ca to learn more. For more information about conference details and registration, please click [here](#).

2022 Parent Education Conference

The annual [BCCPAC Parent Education Conference](#) will be held on April 29-May 1, 2022, at the Westin Wall Centre Vancouver airport. This year's focus is *Making Connections, Moving Forward*, the event will feature speakers and exhibitors from all over British Columbia. DASH will be there promoting our Kid Commute, healthy school resources and more. For more information about conference details and registration, please click [here](#).



DENTAL HEALTH

Teaching and Learning

April is Oral Health Month...Be an Oral Health Superhero!

[The Canadian Dental Hygienists Association](#) offers many fun activities and celebration events to promote the wellness theme “**Oral Health for Total Health**” reminding us that taking good care of our mouths, teeth and gums positively impacts our lives. Download these [fun activities](#) or participate in a [colouring contest](#) to celebrate!



NUTRITION

Teaching and Learning

Teaching Resources: Gardening activities

Spring is here! Are you looking for fun and educational gardening and food activities for your classroom? Have a look through the following resources for inspiration on lesson plans and classroom activities:

[Spring/Summer Ag Activity Pack](#) - Check out Agriculture in the Classroom's activity pack for gardening ideas and activities for grade 2-7 students.



[Growing Outside: School Gardens](#) – Farm to School BC has a list of a variety of resources for BC Schools for getting started on a school garden.

[Green Thumbs at School](#) – Have a look through this toolkit by [SPEC](#) for lessons plans and classroom activities to connect children to their food and to nature.

TOBACCO AND VAPOUR PRODUCTS

Teaching and Learning

Smoking and Vaping Glamorized on the Screens

The annual Truth Initiative's report "[While You Were Streaming: Nicotine on Demand](#)" analyzed tobacco imagery across the 15 most popular streaming shows among 15- to 24-year-olds and found that 60% of their favorite new releases and 64% of the top binge-watched shows included tobacco depictions.

It also found that 23% of the top 2020 Billboard songs [featured smoking and vaping in their music videos](#), totaling over 6 billion views on YouTube alone. This is concerning as research shows that young people [are 3x more likely](#) to start vaping when exposed to tobacco imagery in popular streaming and TV shows.



What can educators do?

- Discuss the impact of exposure to imagery and advertising with students to encourage awareness, critical thinking and advocacy
- Check [this database](#) to confirm if tobacco or vaping is depicted in a movie or series
- Include vaping and smoking media literacy in your teaching using resources from [Smoke Free Movies](#); [Smokefree Media](#); [Common Sense](#); & [Media Smarts](#)

More on this:

- Read this [2 minutes article](#) on the issue
- Watch the "While You Were Streaming: Nicotine on Demand" promotional [video](#)

Health Canada is asking for feedback on the Tobacco & Vaping Products Act

On March 16 Health Canada opened a public consultation regarding the [Tobacco and Vaping Products Act](#) (TVPA) as part of its legislative review process. They are looking for perspectives on the operation of the vaping-related provisions of the TVPA, with a particular emphasis on protecting young persons. Interested parties may participate by sending a written submission by April 27, 2022 to: legislativereviewtpa.revisionlegislativelpv@hc-sc.gc.ca. For more information visit the [TVPA consultation page](#).

RESOURCES

Teaching and Learning

Teaching Toolkits

Interior Health has recently updated the [Teaching Toolkits](#) with resources for teachers on a variety of health related topics like COVID-19 Information, Dental and Oral Health, Hand Hygiene, Positive Mental Health, and Substance Use.



[Healthy Schools BC Website](#) is a great resource for teachers.

Healthy Schools Information Sharing

The following School Districts have a Healthy Schools tab on their websites. Take a look at all the great information available from: [SD 5](#), [SD 6](#), [SD 8](#), [SD 19](#), [SD 53](#), [SD 73](#), [SD 83](#)

Community Partnerships

Tobacco and Vapour Prevention and Control:

Do you need to reach Interior Health Tobacco and Vapour Prevention and Control?
Contact us at tobacco@interiorhealth.ca or 1-855-744-6328 prompt #5