

Gender Diversity & Inclusion

Curriculum Resources for Teachers

- ❖ [5 Moore Minutes](#) is designed to provide teachers with short videos discussing topics of inclusion, support, and unity. In addition to these short clips, creator Shelley Moore offers longer, podcast-style episodes that examine the [Infrastructure of Inclusion](#). These videos can help school staff implement inclusive content into the classroom while following the British Columbia curriculum. Various articles and discussion questions accompany her videos and can aid student and staff engagement.
- ❖ [Expect Respect & A Safe Education \(ERASE\)](#) is all about building safe and caring school communities. This includes empowering students, parents, educators and community partners who support them to get help with challenges, report concerns to schools, and learn about complex issues facing students, including gender-based violence, online safety and school safety.
- ❖ [Trans Student Educational Resources](#) is created by a trans-youth-led, US-based organization that offers an explanatory infographic series supporting the teaching of trans, queer and gender non-conforming youth. These infographics include lesson topics such as [gender pronouns](#), [queer youth of colour](#), [gender grammar](#), and more.
- ❖ [Pride Education Network](#) advocates for an inclusive, respectful environment for all students, staff and families, regardless of their actual or perceived sexual orientation and/or gender identity, within all B.C. educational institutions, through the development of concrete supports, policies, resources and actions. For more information, see: [Resources for Educators, Youth and their Families](#)
- ❖ [SOGI-Inclusive Education Resource Guide](#) is a set of recommendations by educators who have been actively supporting students of all sexual orientations and gender identities for years, available for download in both English and French. It helps schools create safe, caring and inclusive learning environments for all students regardless of their sexual orientation or gender identity.



Workshops and Guest Speakers

- ❖ [Out in Schools: For Educators](#) provides fun, informative, and engaging workshops which will expand a school team's knowledge and confidence in supporting 2SLGBTQIA+ youth and integrating the Sexual Orientation and Gender Identity (SOGI) curriculum into every day. Studies show that integrating [SOGI](#) into curriculum and policies improves the school climate for all students and reduces discrimination, suicidal ideation and suicide attempts.



Additional Resources for Schools

- ❖ [Equitas Resource Library](#) includes an array of resources drawn from Equitas' extensive practice in human rights education to support your work toward social change. In collaboration with our partners across the world, the resources included in this library aim to strengthen leadership for advancing human rights concerning gender equality and community life.
- ❖ [TransCare BC: The Education Centre](#) includes training courses on Gender Diversity, Indigenous Gender Diversity, supporting Gender Creative Children and their Families, and more. Resources include a [Gender Inclusive Language Handout](#).
- ❖ [TransCare BC: Supporting Gender Creative Children and Their Families](#) is an introductory, non-clinical course that is free to anyone looking to grow their understanding of children's gender development. Through this course, participants will learn about children's social transition, gender development, and the role of the community in supporting gender-creative children. This course will also provide the appropriate steps for educators to take in supporting transgender and non-binary students.



Resources for Students, Parents and Families

- ❖ [TransCare BC: Parents & Families](#) includes resources for families with trans, Two-Spirit or non-binary children or parents.



The Interior Health Healthy Schools Team endeavours to include free or low cost, evidence-based resources recommended by our health and school partners, especially those that align with the B.C. Curriculum. This is not an exhaustive list of all the resources available on this topic and we encourage educators to ensure each resource is appropriate for their class or school. Please contact us with any suggested changes or additions at healthyschools@interiorhealth.ca

To explore other Toolkits, visit [Healthy Schools Teaching Toolkits](#).