

## IHCAN Assessment

The Interior Health Children's Assessment Network (IHCAN) is an assessment and diagnosis clinic for children and youth who live in the Interior Health Authority area. Children being referred must have significant impairment in a number of domains of functioning, including development and learning, mental health, adaptive and social skills, or biomarkers such as prenatal substance exposure. We see children under three assessment streams:

- Autism Spectrum Disorder
- Fetal Alcohol Spectrum Disorder
- Complex Child and Youth

## Important Information

Telephone intake appointment:

\_\_\_\_\_  
Assessment coordinator name:

\_\_\_\_\_  
Assessment coordinator phone number:

\_\_\_\_\_  
Date your parent package is due:

Return your parent package?

Appointments:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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# Interior Health Children's Assessment Network



**IHCAN**



Interior Health

## Referral & Intake

To have your child referred to IHCAN discuss your concerns with your family doctor, who may refer your child to a Pediatrician or Psychiatrist to rule out possible medical causes for delays in communication or development. If appropriate, the Pediatrician or Psychiatrist may refer your child to IHCAN.

**An IHCAN Assessment Coordinator will contact you**, within a month of receipt of your referral to conduct an intake interview and determine if IHCAN is the best fit for your child. Following this, a parent package will be sent to you in the mail containing forms for you and your child's school or daycare to complete.

If it is decided that IHCAN is not the best fit for your child, you will be informed why not and other resources will be suggested.

We will do everything we can to see your child as soon as possible and if necessary will work with you to find other resources to meet your needs while you wait.

Wait times vary depending on region, number of appointment spots available and referrals made, and a family's response time/paperwork completion.

## Assessment

An IHCAN assessment may include the following multidisciplinary team members:

- Pediatrician
- Child & Adolescent Psychiatrist
- Psychologist
- Speech Language Pathologist
- Occupational Therapist
- Assessment Coordinator/Social Worker

The IHCAN team will arrange a time to provide you feedback in a family conference. This is a time to consult with you and others you wish involved and provide you with a preliminary summary of the assessment results. **Full reports** will be mailed to you in approximately six weeks.

**After the assessment** you will receive a report that will cover the assessment outcome and practical recommendations for interventions specific to your child's strengths and challenges. For those diagnosed with certain complex developmental or behavioural conditions a specially trained Key Worker (funded by MCFD) may be available to assist you with finding services to address the team's recommendations.



## How you can help

- Remember an IHCAN referral is appropriate for a very small number of children and only after community resources have been exhausted.
- If you believe your child was referred over a month ago and you have not heard from us please call our office.
- Gather background information and previous reports about your child's development, health and education.
- Complete and return all forms in a timely manner.
- Call if you have any questions or need help completing forms.