

# Accred Ed

## Routine Practices & Additional Precautions



### What are Routine Practices?

- Routine Practices help prevent the spread of infections and are used for every patient, every time, regardless of their diagnosis
- Routine Practices include Point of Care Risk Assessment, Hand Hygiene, Personal Protective Equipment (PPE), Respiratory Hygiene, Cleaning & Disinfection, Safe Sharps Handling, Waste & Linen Handling, Patient Placement & Accommodation, and Aseptic Technique
- [Routine Practices Quick Reference](#)



### What are Additional Precautions?

- Additional Precautions are sometimes necessary to protect everyone from the spread of infection and are used in addition to routine practices
- Additional Precautions are based on mode of transmission of the infectious microorganism
- [Additional Precautions Quick Reference](#)

**CONTACT PRECAUTIONS**

Bed #

**STOP**

**FAMILIES AND VISITORS:**  
Please report to staff before entering

Clean hands before entering and when leaving room

**STAFF:**  
Wear:  
• Gown and gloves  
• Additional PPE based on point-of-care risk assessment

**CONTACT PLUS PRECAUTIONS**

Bed #

**STOP**

**FAMILIES AND VISITORS:**  
Please report to staff before entering

Clean hands before entering and when leaving room

**STAFF:**  
Wear:  
• Gown and gloves  
• Additional PPE based on point-of-care risk assessment

Perform daily cleaning & disinfection with sporicidal agent

**DROPLET & CONTACT PRECAUTIONS**

Bed #

**STOP**

**FAMILIES AND VISITORS:**  
Please report to staff before entering

Clean hands before entering and when leaving room

**STAFF:**  
Wear:  
• Gown and gloves  
• Medical mask and eye protection when within 2 metres of patient  
• Additional PPE based on point-of-care risk assessment  
Draw curtains/barriers and keep 2 metres between patients

**AIRBORNE, DROPLET & CONTACT PRECAUTIONS**

1. Airborne Infection Isolation Room (AIIR) - see separate document  
2. Single occupancy room with door closed  
3. If not available, consult with Infection Prevention and Control

**STOP**

**FAMILIES AND VISITORS:**  
Please report to staff before entering

Clean hands before entering and when leaving room

**STAFF:**  
Wear:  
• Gown, gloves, eye protection, fit tested respirator (e.g. N95 respirator or equivalent)  
• Additional PPE based on point-of-care risk assessment

Consult Infection Prevention & Control - before discussing Airborne precautions

### Resources for Patients/Visitors

- [Cover your cough](#)
- [How to clean your hands](#)
- [Clean your hands right before eating](#)

Interior Health would like to recognize and acknowledge the traditional, ancestral, and unceded territories of the Dākelh Dené, Ktunaxa, Nlaka'pamux, Secwépemc, St'at'imc, syilx, and Tšilhqot'in Nations where we live, learn, collaborate, and work together.