

Transient Ischemic Attack (TIA) Clinic

Patient Information • Minor Stroke Assessment Clinic, Kamloops

www.interiorhealth.ca

You have been referred to the TIA / Minor Stroke Assessment Clinic.

What does this mean?

- You are safe to go home but it has been recommended that you are followed as a priority to reduce your risk of having a stroke
- The nurse at the TIA clinic will contact you by phone to discuss your symptoms and arrange for any assessment or testing recommended by the stroke specialist.
- Do not go to the Emergency Department unless you are experiencing recurrent symptoms.

What to expect on the day of your visit

- You will be at Royal Inland Hospital (RIH) for 4–8 hours
- Once you have an appointment, you will be asked to arrive at the TIA Clinic on the 2nd Floor in the CSB Building to get your schedule for the day.
- After you have completed any diagnostic testing that is needed, you will return to the TIA Clinic
- The TIA Clinic is located in the Clinical Services Building – Level 2 where you will see the nurse and stroke specialist

Transportation

- Do not drive until assessed by your physician. Minimum driving restriction time frame is four weeks. Contact RoadSafetyBC for more information. toll free 1-855-387-7747
- Arrange for reliable transportation to and from the clinic

What to bring:

- Be prepared for a full day and bring all medications and food that you will need.

What is a TIA?

A TIA is a **Transient Ischemic Attack** (warning stroke).

A TIA occurs when the blood flow to a part of the brain is temporarily blocked but then improves. Early assessment is key to reducing the risk for further strokes.

What are the signs of a stroke?

The symptoms of TIA and stroke happen suddenly. Common symptoms include:

- Weakness, numbness, or paralysis of the face, arm, or leg (especially one side of the body)
- Difficulty speaking or understanding speech
- Sudden loss of vision in one eye
- Sudden dizziness and inability to walk
- There is usually no pain

If you experience any recurrent symptoms or any of the above symptoms, please call 9-1-1 or go to the emergency department immediately.

more information on other side →

Call 8-1-1 Healthlink BC www.healthlinkbc.ca	Nurse	24 hours a day	Daily	Call 8-1-1 to speak with a nurse, ask a dietitian about nutrition, or a pharmacist about your medication.
	Dietitian	9 a.m. – 5 p.m.	Mon – Fri	
	Pharmacist	5 p.m. – 9 a.m.	Daily	
	Hearing Impaired	Call 7-1-1		

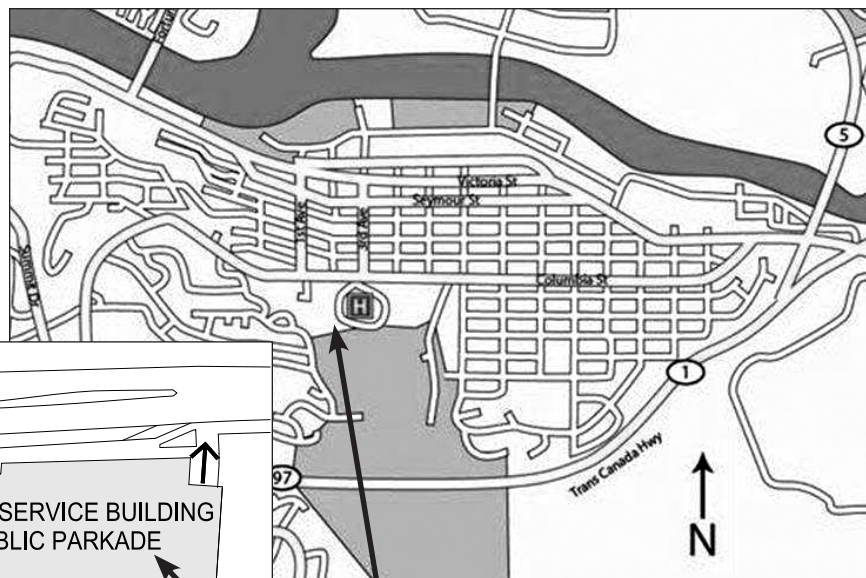
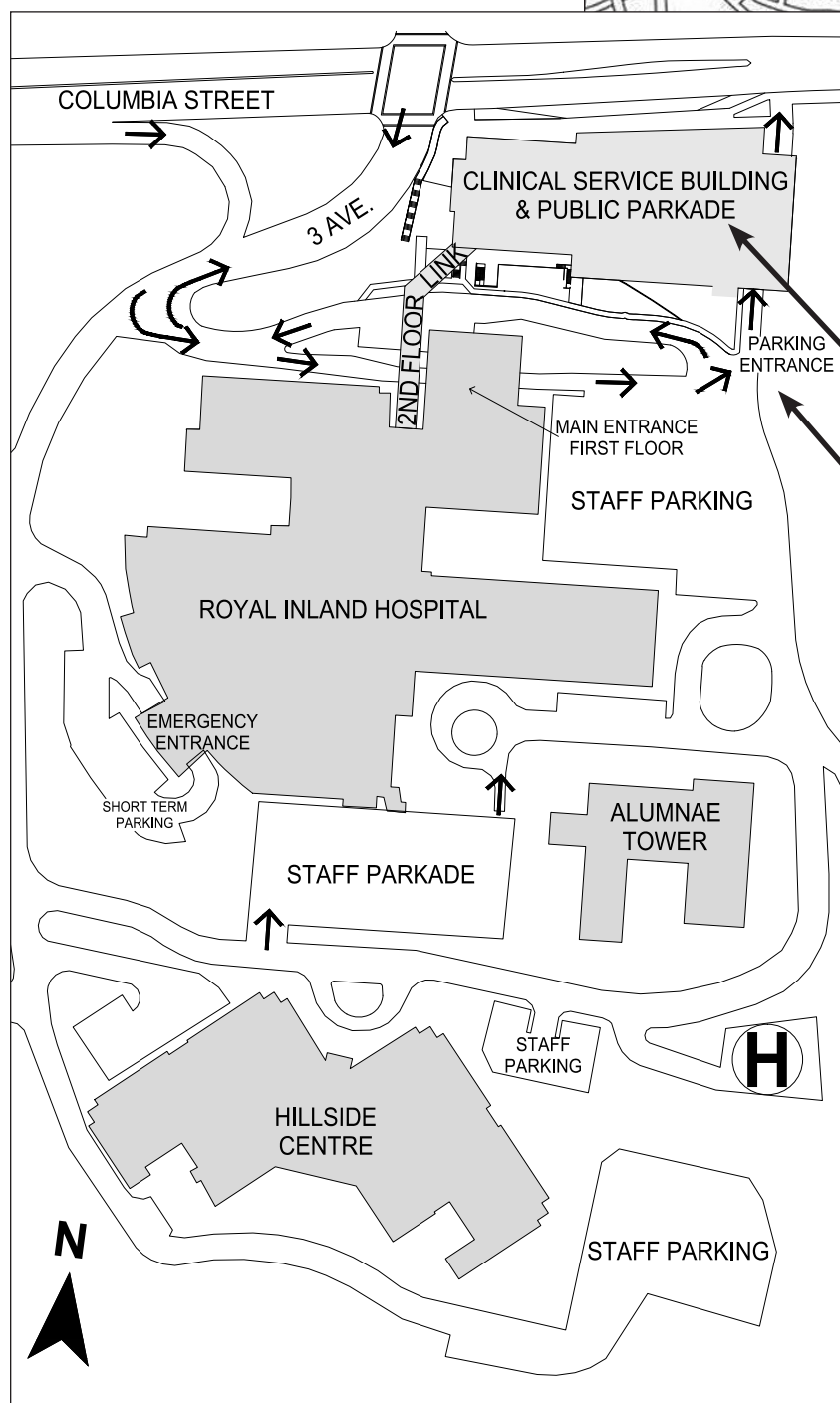
Transient Ischemic Attack (TIA) Clinic *(continued)*

Kamloops TIA Clinic Address:

Clinical Services Building – Level 2
Royal Inland Hospital
311 Columbia Street
Kamloops, BC

Phone: 250-314-2100 ext 18733

Fax: 250-314-2169



Royal Inland Hospital

**TIA CLINIC
CSB Level 2**

Parkade Entrance