

# Let's Start Talking

Your toddler is learning so many things – walking, playing, and communicating.

Learning to talk early is an important skill, for the present and the future! It's never too early to refer to a Speech-Language Pathologist.

## Playing Like a Pro

Play and language development depend on each other. Early language skills help a child understand and develop their play skills. Language helps develop pretend and imaginative play.

## Building Blocks of Being

Talking helps children build their social skills, express their emotions, and engage with friends and family.



## Brain Boost

Language skills help the brain grow and develop. Memory, problem-solving, and critical thinking are all given a boost with language.

## Setting up for Stories

Enjoying and sharing books is easier with talking. Sharing books teaches kids about how to hold and use a book, what pictures and printed words mean, and builds vocabulary and grammar.



If you have questions or concerns about your child's communication development, scan the QR Code to **contact your local health centre** to see a Speech-Language Pathologist at no cost! A doctor's referral is not needed.



Interior Health